

*The greatest good you can do
for another is not just share your riches,
but reveal to them their own...*

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Chief Reviewer & Advisor

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Supported By

Entire VHAS Team

Word of Appreciation

Voluntary Health Association of India (VHAI)

IIMK Belgium

MEMISA Belgium

Rural Management & Development Department (RM&DD),

Government of Sikkim

State Biodiversity Conservation & Forest Management Project (SBFP),

Government of Sikkim

Sikkim State AIDS Control Society (SAACS),

Government of Sikkim

Social Justice, Empowerment and Welfare Department (SJEWD),

Government of Sikkim

Health Care, Human Service and Family and Welfare Department,

Government of Sikkim

Gangtok Municipal Corporation, Government of Sikkim

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VOLUNTARY HEALTH ASSOCIATION OF SIKKIM **SOURCES AND UTILISATION FOR THE YEAR ENDED 31.03.2017**

Sl. No.	ACTIVITY / SOURCE	OPENING BALANCE AS ON 01.04.2016	RECEIPTS 2016-17	INTEREST EARNED 2016-17	EXPENSES PAYABLE 2016-17	TOTAL RECEIPTS 2016-17	TOTAL EXPENDITURE 2016-17	CLOSING BALANCE AS ON 31.03.2017
Community Health & Environment Division								
A		1,500.00	7,582,804.00	4,119.00	-	1,808,400.00	2,827,400.00	11,082.00
1	Targeted Intervention prog. on HIV/AIDS/STDs - Sikkim State AIDS Control Society	-	-	-	-	-	-	-
2	Community Health and Devt. & Empowerment, VHA & BSC, Baglung	199,459.16	440,359.30	-	-	629,518.16	440,271.00	199,347.16
3	Basic Health Care & Support	51,421.60	708,418.30	-	-	759,889.90	742,793.00	17,116.00
4	Health on Wheels, IF, Koknab, West Bargarh	-	1,694,577.00	-	-	1,694,577.00	1,695,191.50	271,386.00
	TOTAL - A	250,880.76	8,785,800.00	4,119.00	-	8,832,446.16	5,454,844.50	587,871.16
Livelihood Division								
B		-	2,311,019.00	-	-	2,071,579.00	2,311,019.00	-
5	JICA-SEEP Forest Department, Govt. of Sikkim	-	-	-	-	-	-	-
6	MOHFW-GA, Social Ineq. PMU-2, Govt. of Sikkim	405,789.58	17,580,000.00	193,308.01	-	18,183,705.57	8,743,710.50	4,912,418.07
7	National Social Assistance Programme Social Justice Dept. & Welfare Dept, Govt. of Sikkim	9,000.00	138,250.00	-	-	138,350.00	138,250.00	-
	TOTAL - B	447,790.58	19,739,259.00	193,308.01	-	18,397,963.57	18,397,444.50	4,912,418.07
Capacity Building, Research Studies, Communication & Information Division								
C		-	125,000.00	-	-	180,000.00	375,309.00	-150,309.00
8	SPARC - PACSWA Training, Gangtok	-	-	-	-	-	-	-
9	GVIED Media For Media on HIV/AIDS Sikkim State AIDS Control Society	-	-	-	-	-	-	-
	TOTAL - C	-	125,000.00	-	-	180,000.00	375,309.00	-150,309.00
	TOTAL - A+B+C	698,671.32	20,035,186.00	193,346.81	-	21,454,509.73	16,330,198.50	5,124,311.23


Dr. H. Lepcha
 President
 VHAAS, Gangtok

Approved by:

Dr. B. B. Rai
 Executive Director
 VHAAS, Gangtok




Dr. B. B. Rai
 Executive Director
 VHAAS, Gangtok

**FINANCIAL
REPORT
2016-17**



National Social Assistance Programme (NASP)



*Door to door at Zilling ward
under central Pendam GPU*



*Door to Door interaction
at Duga Deorali ward*



Exit conference at Duga BAC



Jamsunwai at Central Pendam GPU



Jamsunwai at Rangpo Nagar Panchayat



Kick-off meeting at Duga BAC hall

HEALTH ON WHEELS (HoW)



Awareness Program at Middle Camp



Health Camp at Namin



Health Camp at Tumlabong



Health Camp at Ray Khola



HoW Project Ambulance

TARGETED INTERVENTION PROJECT ON HIV/AIDS & STIs



World Aids Day - programme on Cervical cancer, Pregnancy, Menstruation, Basic Hygiene, HIV/AIDS and STI and breast cancer.



HIV testing at Singtam DIC



Awareness programme by DTO Singtam on Tuberculosis at DIC



Group Discussion at Gangtok DIC



Health Camp at Doctor Kamti's Clinic, Deorail



Health Camp at North East Clinic, Deorail

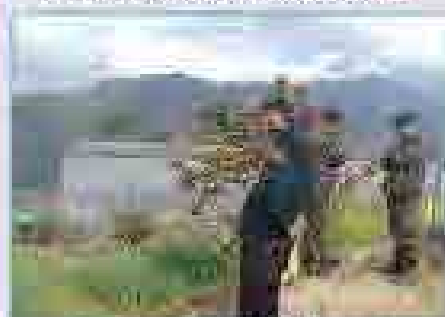
Japan International Cooperation Agency (JICA) Assisted Sikkim
Bio-diversity Conservation and Forest Management Project (SBFP)



Community Organizer (CO) explaining the importance of forest conservation during the Micro-planning exercise



Community Organizer (CO) monitoring the status of Entry Point Activities



Monitoring visit of SHGs under Assam Lingrey IFMC



Training on container nursery and plantation techniques to SHGs under Lonaten IFMC



Training on goat farming to SHGs under Tawun EDC



Villagers involved in the preparation of micro-planning at Parabhu IFMC under Bampching (T) Range

MGNREGA Social Audit Unit (SAU)- Sikkim



Field visit of ongoing couched at Saighan



Opening ceremony of One Month Certificate Training Course at SIRD- Kerfector



Session by Mr. Ganga Sharma, Asst. Director- SIRD



Group work at SIRD Training, Kerfector, South Sikkim



Training cum workshop at SAU

BASIC HEALTH CARE SUPPORT PROGRAMME



*Adolescents Age counselling
at Rumbuk Secondary School*



*Annual Mission meeting
with MEMISA Belgium*



*Block forum Meeting
at Sambaria PHC*



*Block Health forum meeting
at Lungchok GPU*



*Meeting with PRI member
at Tikpur Siktam ICDS Center*



*Orientation training to Adolescents age
at Rumbuk Secondary School*

COMMUNITY HEALTH, WOMEN EMPOWERMENT & DEVELOPMENT



Participants at SHG Convention



Piglet ready for rotation



Resource person taking session



Screening by Doctor



Training on SHG Linkage with Bank



Training on sustainability of SHG through Rotation 27.9.16

COMMUNITY HEALTH, WOMEN EMPOWERMENT & DEVELOPMENT



Awareness Generation on ANC, PNC, Hospital Delivery & FP at Sajong-1



Coordination Meeting



Follow up meeting at Budang



Ginger Cultivation by Samaypit SHG



Health Camp for SHG members at Sajong



Monthly meeting-Surya SHG (New Group)

**PHOTO GALLERY
OF THE
ACTIVITIES**



3.	Mrs. Laxmi Mishra, Mr. Seraj Darjee, Mrs. Srijana Thapa and Devika Chetri	Training on data management, sums and financial management	15-17 Dec 2016	FH360, Guwahati	City Computers, Gangtok	04
4.	I. Dr. B. B. Rai, II. Mr. Ash Bdr. Subba, III. Mr. Ashok Sharma IV. Mr. Sawan Rai, V. Ms. Kusum Tamang and VI. Mrs. Devt Maya Dulal	One-month Certificate course on social accountability and social audit	4 th Nov. To 3 rd Dec 2016	MoRD- Government of India and Tata Institute of Social Science (TISS)- Mumbai	SIRD- Sikkim Karfector Jorhang	06
5.	Mr. Sawan Rai	Conclave on innovation and progress of eco-tourism in Sikkim	16 th Feb. 2017	Directorate of Ecotourism, Department of Forest Environment and Wildlife Management, Govt. of Sikkim	Sidkeong Tulku Hall Forest Secretariat Gangtok	01
6.	Mr. Sawan Rai	Achieving sustainable development goals through legislation	22 nd Feb. 2017	UNDP, WWF, ECOSS and office of the honourable MP Lok Sabha Jangta Bhawan, Gangtok	01	

Field visit Plan of Social Audit in MGNREGA

Name of Student	Date of Field Visit	Name of Place/ Gram Panchayat	District
Kunal Tamang	16 to 23 rd	Samdong Kambal &	East
Kushal Rai	January 2017	Rakdong Tintek	
Tsering Thargay	10 th to 13 th	Nagi Karek	South
	January 2017		

They also went to Health on wheels (HoW) project area with staff of VHAS for one day and communicate with the children and mothers. During their field visit they all learn about the social audit process of MGNREGS (A) and its objectives and also about the rural and urban communities. At last all the interns had prepared two copies of report and one report has been submitted to VHAS. All the interns had provided with certificate from VHAS after completing their internship.

“Training-cum-Meeting from 1st April 2016 to 31st March 2017”

Sl. No.	Name of participants	Type of training/ exposure/ Meeting	Month/ year	Resource Agency	Place	No. of Participants
1.	Dr. B.B. Rai	Curriculum development on training of social audit resource person on social audit and accountability	18 th and 19 th April 2016	MoRD - Government of India	Marigold hall, Indian habitat centre, Hyderabad	01
2.	Mr. Ash Bdr Subba	Training on social audit for master trainer	6 th Sept. To 14 th Sept. 2016	MoRD - Government of India and Tata Institute of Social Science (TISS)- Mumbai	NIRD&PR, Hyderabad	01

INTERSHIP REPORT

Voluntary Health Association of Sikkim (VHAS) provides an opportunity for internship to the student who has to undertake compulsory Field Work in their Academic Programme. Internship would be provided to those areas where VHAS has been working. During their tenure as intern, all possible help will be extended by concerned division under which they want to work. Induction training will be given to them on working of VHAS. Every year Voluntary Health Association of Sikkim gives an opportunity to young generation to serve the society voluntarily and to learn about the rural and urban communities. In the year 2016-17 VHAS provided internships to the students who came from Sikkim University. Each student came with a different purpose and had a different background. The names of the students who came as inter in 2016-17 are:-

- Kunal Tamang - M.Sc 2nd Year Student
- Kushal Rai - M.Sc 2nd Year Student
- Tshering Thargay - M.Sc 2nd Year Student

From Sikkim University there was a three student who came for internship in VHAS. All are 2nd year student doing master degree in Physiology. Duration of their internship was for one month i.e. from 9th January to 6th February 2017. During their internship they are engaged in MGNREGA social audit, Health and Wheels (HoW) Project and official works. All are provided with the calendar of field visit of social audit in MGNREGA.



STEPS IN SOCIAL AUDIT



The Process Involved

- Social audit Unit- Sikkim (VHAS) finalized the Social Audit Calendar to conduct Social Audit of National Social Assistance Programme schemes.
- Eight days was spent in Gram Panchayat (GPs) and Urban Local Bodies (ULBs) for document and beneficiaries' verification, door to door verification and Gram Sabha/Jan Sunwai.
- Lastly Social Audit Unit- Sikkim prepared final Social Audit Report and submitted to the Social Justice, Empowerment and Welfare Department, Government of Sikkim (GoS).

The list of facilitators for conducting Pilot Social Audit of NSAP schemes

Sl. No	Name of facilitators	Gender	Team	Place
1.	Mr. Ashok Sharma	Male	A	Central Pandam Gram Panchayat
2.	Mr. Sawan Rai	Male		
3.	Ms. Kusum Tamang	Female		
4.	Mr. Kamal Kumar Rai	Male	B	Nagar Panchayt Kangpo
5.	Ms. Devika Chhetri	Female		

Pilot Social Audit of National Social Assistance Programme (NSAP)

Social Audit Unit- Sikkim (Voluntary Health Association of Sikkim) was assigned for conducting Pilot Social Audit under the National Social Assistance Programme (NSAP) by Social Justice, Empowerment and Welfare Department, Government of Sikkim (GoS) vide. Office Order No. 118/SJEWDP Dated: 26/03/2016. The social audit was conducted of the beneficiaries drawing pension / allowances under the following schemes in Central Pandam Gram Panchayat Unit and Rangpo Nagar Panchayat ward in accordance with the Guidelines of National Social assistance programme. The social audit was conducted under the following schemes of NSAP:-

- Indira Gandhi National Old Age Pension Scheme
- Indira Gandhi National Disability Pension Scheme
- Indira Gandhi National Widow Pension Scheme
- Subsistence Allowance (State Innovation Scheme)
- Unmarried Women Pension Scheme (State Innovative Scheme)

The pilot Social Audit of National Social Assistant Programme (NSAP) schemes were audited from 08/04/2016 to 18/04/2016. The Social Audit covered 1 Gram Panchayat Units (G.P.U.s), and 1 Urban Local Bodies (ULBs).

Details of Social Audit conducted in Gram Panchayat are as follows:

Sl. No.	Name of District	Name of GP/ Nagar Panchayat	Total No. of GPs Covered	Total No. of ULB covered
1.	East	1. Central Pandam GP 2. Ranpo Nagar Panchayat	(1)	(1)

WHO CAN AVAIL BENEFIT?

Anyone can receive the benefits but free medicines and ambulance services are provided only to children less than 6 years, expecting mothers and lactating mothers.

TASKS DONE BY HoW TEAM UPTO MARCH 2017

● Number of health camp conducted:	163
● Number of patients seen:	2165
● Number of target group examined:	1241
● Number of health talk delivered:	21
● Number of medicine distributed:	4867
● Number of patients transported by ambulance:	03

HoW TEAM:

1. Project coordinator:	Mrs. Anjana Rai
2. Accountant:	Mr. Siraj Darjee
3. Medical Officer:	Dr. Ashish Sharma
4. Health worker:	Miss Anita Rai
5. Nurses (ANM):	Miss Rubina Sharma & Miss Deepika Chettri
6. Driver:	Mr. Karna Bahadur Rai

audience regarding the programme and its operation.

- To provide health education to the target population, especially women and adolescent girls.
- To provide reproductive health care including immunization to the expectant and lactating women.
- To provide complete immunization service for the children below 6 years of age.
- To educate the target population on health and sanitation and the use of safe drinking water and protection of the environment.
- To transport serious paediatric patients and emergency cases to nearby PHCs, District Hospital, Singtam or SINM Hospital, Gangtok or private clinics by Ambulance.
- To strengthen the Village Health & Nutrition Day scheme of the Government through its activities in each ICDS Centre (Agan Wadi Centre).
- To strengthen the hands of the Government as a collaborative partner in healthcare service delivery in order to progress towards its objectives of a complete healthy state.

WHAT DO WE DO?

1. Free OPD services for children.
2. Free OPD services for mothers and expecting mothers.
3. Free medicines for children under 6 years of age.
4. Free medicines for mothers.
5. Free consultation for needy individual.
6. Free ambulance service for children under 6 years and mothers.
7. Awareness camps for various health related issues.
8. Screening for school children.

Background:

Inclusive India Foundation with financial support from Glenmark Foundation has approached the Voluntary Health Association of Sikkim (VHAS) for initiating a project on Providing Quality Primary Health facilities and awareness among the communities through mobile health clinic in 6 villages in East Sikkim for 3 years. The objective is to provide Quality Primary Health facilities and awareness among the communities through mobile health clinic covering 6 villages namely:-

1. Rumtek-Samluk
2. Tumlabong
3. Radong
4. Namin
5. Namli
6. Chuba

These villages are suggested to be covered for interventions where the basic access to health services is lacking for 20, 000 populations and the project has been named as **Health on Wheels (HoW)**. The main target population is 0-6 year children, Pregnant and lactating mothers and Community. The project has been implemented from the month of July 2016.

STRATEGY OF HoW: Provide quality primary health facilities and awareness among the community through mobile health clinic.

OBJECTIVES OF HoW:

- To reduce and control diseases through mobile clinics covering the target population/proposed beneficiaries.
- To provide health care to the poor and needy at their door step.
- To undertake awareness and IEC activities informing the target

own inhibition they couldn't come to centre. The main learning during this programme was that still more work need to do in this particular area. During visit information was shared about sexually transmitted infection, symptoms and services provide at DIC. The reason for planning such outreach programme is to bring more HRCs under project, provide services to them and make more people aware about HIV/AIDS and STIs. After this visit changes was seen like few new HRCs coming and taking services from drop in centre, Singtam.

- **Awareness Programme on Hepatitis, Tuberculosis, HIV/AIDS and STI**

This programme was organised at Singtam DIC on 9th March 2017 and for the first time peer educators came out and shared information about HIV/AIDS and STIs directly to participants. The second session of this programme was conducted by Mr. Udai Rai, Project Coordinator of Sikkim Rehabilitation and Detoxification Society, on tuberculosis and hepatitis.

- **Awareness Programme on Tuberculosis by District Tuberculosis Officer (DTO) Singtam at Drop-In-Centre**

This programme was organized by District Tuberculosis Officer Singtam, Dr. Shanti Mishra on 17th December 2016. We had requested Dr. Mishra to conduct programme on tuberculosis as most of our HRCs is found to be suffering from tuberculosis. Most of them lack awareness and are being diagnosed late. The objective of the programme is to make aware about symptoms of Tuberculosis. Dr. Mishra explained the participants in detail regarding its symptoms and its cure. She made an effort to clear the doubts of the participants that they had been having for a long time.

TI-II (Singtam & Rangpo)

● Health Camp

A health camp was organized on 18th November 2016 at Singtam Drop in Centre. The main objective of the programme was to provide free services to people and also to make them aware of HIV/AIDS and STIs. Every year this programme was organized. On this day free medical checkups and medicines to all HRCs and general public was provided. Doctor and lab Technician was invited for HIV testing. Counsellor was also invited for counselling session to all the patients.

● World Aids Day

World Aids Day is observed on 1st December 2016. On this day people make aware on HIV/AIDS and STI. The resource person was Dr. M. P. Sharma, senior Gynaecologist of Singtam Hospital. In the past years information was shared about HIV/AIDS and organized quiz competition but this year organized awareness programme on cervical cancer, breast cancer, problems related to menstruation, pregnancy, basic hygiene along with HIV/AIDS and STIs. The programme was organized at Singtam DIC. There were altogether around 44 participants were presented. Normally many women who suffer from these kinds of diseases but due to lack of awareness they tend to hide or overlook its symptoms and they are being diagnosed late so in order to avoid all these situations.

● Door to Door Visit

This initiative was take for the first time to go ahead with door to door visit programme from the month of January to March. DIC at Singtam planned to visit all the 24 hotspots in and around Singtam and Rangpo. Initially this would be very difficult but as days passed on it was found interesting as people met who hadn't heard about HIV/AIDS and STIs and few were suffering from STIs symptoms. While door to door visit women who were aware of where DIC clinic is located but due to their

Singtam & Rangpoo (TI-II)

Months	April 2016	May 2016	June 2016	July 2016	August 2016	September 2016	October 2016	November 2016	December 2016	January 2017	February 2017	March 2017	Twelve months total
1) STD Symptomatic Treated													
RMC	97	50	48	64	66	55	61	62	33	61	73	64	734
2) ICTC Tested													
Counselling	41	37	37	39	36	38	31	39	40	41	38	40	457
STIs	3	6	4	6	4	4	3	7	0	1	3	1	42

In this financial year the various program/activities was carried out in both the Drop-in- Centres which are as follows:

TI-I Health Camp (Gangtok & Ranipool)

Health camp was organized at Dr. Kanti's North-East Clinic, Deorali on 22nd November 2016. Around 57 HRC's were attended the camp and regular medical checkups and STI treatment to them was done by Dr. Kanti Sharma (Sr. Gynaecologist). During Health camp HIV testing through mobile ICTC were done and also provided free medicines to High Risk Groups (HRCs) and general people.

Events Day

Events day was observed on 8th December 2016 at Gangtok Drop-In-Centre. The main objective of this programme is to provide awareness among the HRCs as well as general public. On this event lab Technician, PPTCT Counsellor, STI Counsellor from SSACS was invited. They provided general information on HIV / AIDS and STIs and its sign & symptoms and other women health related problems and condom demonstration was also done during the program. 45 High Risk Groups (HRCs) have done HIV testing.

SPECIFIC OBJECTIVES

- To make awareness of HIV-AIDS/STI infection to flying PSW as well as their clients.
- To give knowledge on HIV-AIDS/STI to flying PSW as well as their clients.
- To established a Drop-in-Centre for Health check-up, condom demonstration & distribution, counselling and other relevant program.
- To provide STI treatment facilities at DIC.
- Condom promotion for minimizing the spread of HIV-AIDS/STI.
- To extend individual and group counselling for behaviour change.
- To create awareness amongst the target groups through IEC materials, Training, Quiz competition, Group Discussion/Focus Group Discussion.
- To inform about HIV testing facilities available in our state and implication of positive or negative test result.

Following is the total coverage of TI-I and TI-II of the financial year 2016-17,

Gangtok & Ranipool (TI-I)

Months	April 2016	May 2016	June 2016	July 2016	August 2016	September 2016	October 2016	November 2016	December 2016	January 2017	February 2017	March 2017	Twelve months total
1) STD Symptomatic Treated													
RMC	26	41	34	38	40	38	45	60	54	56	45	50	527
2) ICTC Tested	10	22	13	18	16	13	21	55	29	23	34	26	280
Counselling	26	44	35	40	42	40	45	92	55	57	47	52	575
STIs	2	3	1	2	2	2	0	3	1	1	2	2	21

- ❖ Counselling
- ❖ STI Management
- ❖ IEC materials distribution
- ❖ Training to Peer Educator
- ❖ Condom promotion and distribution.

PROJECT COMPONENTS

Following components were emphasized in the project programmes:

- ❖ **Out Reaching:** To motivate target group to access the facilities available at DIC. Field visit & networking to reach towards target group for one to one interaction, GD/FGD, motivate to make visit Drop-In-Centre for seeking the facilities & benefit.
- ❖ **Behaviour Change & Communication:** correct and consistent use of condom and to motivate them for safer sex practice, IEC Materials for behavioural change, motivate for condom use, improves health care seeking behaviours, counselling on HIV-AIDS/STI to minimize the risk of spread & reduces number of sexual partners.
- ❖ **STI Management:** Clinical services for the management of STIs and to meet other health care needs. Besides this we also do partner notification and follow up on STI patient.
- ❖ **Condom Promotion:** Condom programming to ensure the availability of easily accessible, good quality and affordable condoms and to use regular condom with regular partner also.
- ❖ **Linkages and Referrals:** Linkages with ICTC, STI, DOTs, ART Centre For referrals and support.
- ❖ **Monitoring and evaluation:** Monitoring and evaluation for providing regular feed back to the managers for the project at different levels.

TARGETED INTERVENTION PROJECT ON HIV/AIDS & STIs

The voluntary Health Association of Sikkim is implementing the Targeted Intervention (TI) Project with the support of Sikkim State AIDS Control Society (SSACS) on HIV-AIDS/STIs amongst the high risk behaviour groups i.e. Female Sex Workers (FSW). We have two TI project running i.e. TI Project (I) & TI Project (II). Under TI Project- (I) we are covering Gangtok & Ranipool and the target population registered till now is 235. Under TI Project- (II) we are covering Singtam and Rangpo and the target population registered till now is 289.

The project was initiated with the following objectives to achieve.

- To create awareness about HIV-AIDS/STI among the vulnerable flying FSW.
- To detect and cure Sexually Transmitted Infection.
- To motivate for visiting ICTC.
- To stop the transmission of HIV-AIDS/STI among the high risk group population.
- To promote safer sex practice.
- To reduce multiple partners and to use regular condom with regular partner.

The most effective way of controlling HIV-AIDS/STIs from further spread was to carry out direct intervention programme among this high risk behaviour groups, through multi-pronged strategy such as:-

- ☐ Advocacy & Community Meetings
- ☐ Field visit/Networking
- ☐ Group Discussion/Focus Group Discussion
- ☐ One to One interaction

reports from concerned Conservator of forest (Territorial/Wildlife) and Division Forest Officer (Territorial/Wildlife)-East Division and submitted the same to Project Management Unit (PMU).

Details of Meeting

In the financial year: 2016-17, representative from Voluntary Health Association of Sikkim (VHAS) and Community Organizers (COs) has attended number of meeting. The details are as below:

Financial Year: 2016-17			
Date (s), Month & Year	Venue	Topic of Meeting	Name of Participants
02/05/2016	Forest Secretariat, Deorali-Gangtok	Meeting on finalization of SHCs.	Mr. Sawan Rai (APO-VHAS) All Community Organizers (COs)
02/05/2016	Forest Secretariat, Deorali-Gangtok	Meeting on finalization of SHCs.	Mr. Sawan Rai (APO-VHAS) All Community Organizers (COs)
24/08/2016	Office of the APD-I, Forest Secretariat	A review meeting on micro-planning and other issues under JFM.	Mr. A.B Subba (P.O-VHAS) Mr. Sawan Rai (A.P.O-VHAS)
11/03/2016	Bodang, East Pundam	Agro-Ecounism festival celebration	Ms. Dawa Kips Lepcha CO-Pakyong (T) Range

- e. Participatory Rural Appraisal (PRA) tools like the village resource map, seasonal calendar, institutional Venn diagram, historical trend etc. were prepared with the participation of Executive Committee Members of JFMCs/EDCs, Range Officer, General Members, Forest Guard and others.
- f. Wish list for micro-planning activities was prepared.
- g. Feasibility analysis was done for various activities considering economic viability, social acceptability, ecological soundness and technical feasibility for each item on the wish list.
- h. Based on available budget local human and natural resources, final list of micro plan activities were prepared.
- i. Mutual obligations of JFMC/EDCs members, Forest Department and indicators of success were also discussed and finalized during the meeting.

The list of selected JFMCs and EDCs are as follows:

Sl. No	Division	Range	JFMCs/EDCs
1.	East (W/L)	Fambonglho (W/L)	Rumtek EDC
			Lingdok-Pangthang EDC
			Samdong EDC
			Rakdong Tintek EDC
			Simik-Lingzey EDC
2.	East (T)	Rongli (T)	Rongli-Chujachen JFMC
		Barapathing (T)	Parakha JFMC
		Gangtok (T)	Syari JFMC
			Rateychu JFMC

During micro-planning exercise, different Self Help Group (SHG) has been selected for income generation activities (IGAs). Entry Point Activities (EPA) has also been finalized and included in the micro-planning report. Community Organizers (COs) has finalized and approved the micro-plan

for micro-planning of 3rd batch SEV. Community Organizers (COs) along with forest official, representative from VHAS (NGO) and member of JFMCs and EDCs facilitated the process of micro-planning exercise in selected JFMCs and EDCs.

The main objective of the micro-plan preparation was to seek people's participation in forest conservation and related activities including implementation of ICAs through SHGs through the joint effort of the Forest Department and the JFMCs/EDCs.

Methodology of Micro-plan preparation

The micro plan has been formulated using a participatory approach with the help of the Community Organizers (COs), concerned Range Office staff, district level facilitating NGOs and the JFMCs/EDCs members. The major components in the micro plan development process include the following:

- a. The brief background of Sikkim Biodiversity Conservation and Forest Management Project (SBFP) was shared on a chart paper by Assistant Program Coordinator (APO)-cum-Coordinator (VHAS) along with the objective of the micro-plan exercise.
- b. **Primary information collection:** The information on the socio-economic status, demography, land holding and village profile was collected from the village Panchayats, Rural Development Assistant (RDA), ASHA, ICDS and various other sources. The information related to forest, environment and conservation were collected from the Range office and members of JFMCs/EDCs.
- c. The information collected was shared with the JFMCs/EDCs members of the village during the consultation. Further the issues on livelihood, forest development activities and community perspective development plan were discussed in the meeting with the JFMCs/EDCs members.
- d. The micro-plan exercise was conducted with the community in general meeting by the Assistant Program Coordinator (APO)-cum-Coordinator (VHAS), Community Organizers (COs), Range Officer and Forest Guards from the Range Supporting Unit (RSU).

3	Phadamchen (W/L)	Phadamchen EDC	1. Rising Sun SHG
			2. Jan kalyan Sunakhari SHG
			3. Blue TIT SHG
			4. Khangri SHG
			5. Makhamali SHG
			6. Pragtha SHG
			7. Kiran Jyoti
			8. Mahila Kiran Sashta
4	Pangolakha (W/L)	Premlakha EDC	1. Khanchanjunga

Training to SHGs on Goat Farming

Sl. No	Range	Name of EDCs/JFMCs	Name of SHGs
1	Fambonglho (W/L)	Tumin EDC	1. Aasirwad SHG
2	Singlam (T)	Central Pendam JFMC	1. Triveni SHG
3	Pakyong (T)	East Pendam JFMC	1. Triveni SHG

Monitoring of Self Help Groups (SHGs)

VHAS representative along with Community Organizers (COs) visited self help groups (SHGs) on regular time interval. The purpose of visiting was to verify the progress of income generation activities of self help groups (SHGs) and to monitor the status of loan repayment.

Community Organizers (COs) also verified record keeping of SHGs and entry point activities (EPA) status of JFMCs/EDCs during monitoring visit.

Micro-planning of 3rd batch Spread Effective Village (SEV)

JICA assisted SBFP has selected 4 Joint Forest Management Committees (JFMCs) and 5 Eco Development Committees (EDCs) under East Division

3.	Fambonglho (W/L)	Tumün EDC	1. Jyoti SHG
			2. Orchid SHG
			3. Mutanchi SHG
			4. Surya Mukti SHG
			5. Sita SHG
			6. Krishna SHG
			7. Rose SHG

Training to SHGs on poultry and goat farming

Similarly, training on IGA to selected Self Help Groups (SHGs) under different JFMCs and EDCs was provided by JICA assisted SBFP. The main objectives of the training were as follows:

- To impart knowledge on modern techniques of poultry and goat farming.
- To enhance the Income Generation Activities (IGA) of the SHG through the training.

Dr. Emila Shenga, Dr. Anjala Pradhan, Dr. Tshering Deeki Bhutia and Dr. Tashi Bhutia from Department of Animal Husbandry and Veterinary Service (AHVS) were the resource person of the training. The training was attended by forest official, representative from VHAS (NGO), JFMC and EDC member, community organizers (COs) and members of different Self Help Groups (SHGs). The lists of Self Help Groups which have attended the training were as follows:

Training to SHGs on Poultry and Broiler farming

Sl. No	Range	Name of EDCs/JFMCs	Name of SHGs
1	Singtam (T)	Sirwani Chisopani JFMC	1. Ekta SHG
			2. Kalyan Jyoti SHG
2	Pakyong (T)	East Pendam JFMC	1. Aakash Ganga

in the micro-planning exercise of 3rd batch Spread Effective Village (SEV). The details of activities are highlights below as:

Grading of Self Help Groups (SHGs)

Rating of Self Help Groups (SHGs) was done by Community Organizers (Cos) along with representative from VHAS (NGO) and forest officials. Accordingly, loan has been disbursed to selected Self Help Groups (SHGs) from JICA assisted SBFP to enhance their income generation activities (IGAs).

Training to SHGs on cardamom nursery/plantation techniques

JICA assisted SBFP has provided training to different Self Help Groups (SHGs) on cardamom nursery /plantation technique.

The main objectives of the training were as follows:

- To impart knowledge on Cardamom Nursery / Plantation techniques to SHGs members.
- To enhance the Income Generation Activities (IGA) of the SHGs through the training.

Dr. Shree Krishna Bhat and Mr. B.A graduate, Scientist, ICRI, Spices Board-Tadong was the resource person for the training. The training was attended by forest official, representative from VHAS (NGO), JFMC & EDC member, community organizers (COs) and members of different Self Help Groups (SHGs). The lists of Self Help Groups which have attended the training were as follows:

Training on cardamom nursery /plantation techniques

Sl. No.	Range	Name of JFMCs/EDCs	Name of SHGs
1	Rongli (T)	Lamaten JFMC	1. Lali Gurash SHG 2. Sayapatri SHG
2	Pangolakha (W/L)	Singaney Bas EDC	1. Smriti Ban SHG

The following activities have been proposed in the Project.

- ❖ Afforestation
- ❖ Protected Area Management & Biodiversity Conservation
- ❖ Income Generation Activities for poverty alleviation
- ❖ Supporting Activities for Forest Management (Research and Training, Monitoring and Evaluation and Enhancement of Geographic Information System (GIS) and Management Information System (MIS).

The project area covering 26 Forest Ranges spread over nine Divisions (four Territorial Forest Divisions, four Wildlife Divisions and one KNP Divisions). These nine Divisions are located throughout the state of Sikkim. The details of Community Organizers along with their place of posting are given below as follows:

Sl. No.	Ranges	Name of Community Organizers (COs)
1.	Singtam Territorial	Mrs. Chumkey Dem Bhatia
2.	Ranipool Territorial	Mrs. Shanti Chettri
3.	Pakyong Territorial	Ms. Dawa Kipa Lepcha
4.	Gangtok Territorial	Mr. Bhawandish Majhi
5.	Phodamschen Territorial	Mr. Dinesh Sharma
6.	Rongli Territorial	Mr. Norbu Tshering Lepcha
7.	Fambonglho Wildlife Sanctuary	Ms. Yeshey Orgmu Ethenpa
8.	Pangolakha Wildlife Sanctuary	Mrs. Yogita Chettri
9.	Kyongnosla Alpine Sanctuary	Ms. Tara Rai

In the financial year: 2016-17, the Voluntary Health Association of Sikkim (VHAS) along with Community Organizers (COs) and forest official initiated meeting at the grassroots level to enhance the Income Generation Activities (IGAs) of Self Help Groups (SHGs) and the SBFP also imparts various training to SHGs. Beside this, VHAS along with COs also involved

Japan International Cooperation Agency (JICA) Assisted Sikkim Bio-diversity Conservation and Forest Management Project (SBFP)

The Japan International Cooperation Agency (JICA) assisted Sikkim Bio-diversity Conservation & Forest Management Project (SBFP) is approved for implementation from 2010-11 and the implementing department of this project is the Department of Forest Environment & Wild life Management, Government of Sikkim. The project was covered in the four districts of Sikkim since 2011-12 financial years in the community level. In these four districts project covered total 135 JFMC/EDC.

Project Objective

The project has the goal of improving the management of natural resources and alleviating the rural poverty. In order to achieve these goals, the project has the following objectives:

- To strengthen biodiversity conservation activities and forest management capacity,
- To improve livelihood for the local people who are dependent on forests by promoting sustainable biodiversity conservation, Afforestation and income generation activities including eco-tourism for the community development, thereby contributing environment conservation and harmonized socio-economic development of Sikkim.

To achieve this project objectives with the support of NGOs as a district level facilitating Organization. Three same NGOs were selected for this year also and they are:-

- ☛ Voluntary Health Association of Sikkim (VHAS) for the East Sikkim,
- ☛ Kanchandzonga Conservation Committee (KCC) for the West & South Sikkim &
- ☛ Eco-Tourism & Conservation Society of Sikkim (ECOSS) for the North district.

11	Ms. Pranita Chhetri	Social Audit Unit
12	Mr. Bal Krishna Sunar	Social Audit Unit
13	Ms. Bandana Rai	Social Audit Unit
14	Ms. Manita Rai	Social Audit Unit
15	Ms. Bindhya Gurung	Social Audit Unit
16	Mr. Chandra Prasad Limboo	Social Audit Unit
17	Mr. Rupen Sharma	Social Audit Unit
18	Ms. Prem Kumari Gautam	Social Audit Unit
19	Ms. Munna Chettri	Social Audit Unit
20	Mr. Dadhi Ram Sharma	Social Audit Unit
21	Mr. Phurba Tashi Lepcha	Social Audit Unit
22	Ms. Sangeeta Rai	Social Audit Unit
23	Mr. Bishnu Prasad Pokhrel	Social Audit Unit
24	Mr. Denash Sharma	Social Audit Unit
25	Mr. Ravi Lal Dulal	Social Audit Unit
26	Ms. Tara Devi Regmi	Social Audit Unit
27	Mrs. Aruna Devi Neopaney	Social Audit Unit
28	Mr. Dhananjaya Dulal	Social Audit Unit
29	Mr. Om Nath Adhikari	Social Audit Unit
30	Ms. Manju Sharma	Social Audit Unit
31	Ms. Sangay Doma Bhutia	Social Audit Unit
32	Ms. Normit Lepcha	Social Audit Unit
33	Ms. Nirmala Sharma	Social Audit Unit
34	Ms. Nim Doma Sherpa	Social Audit Unit
35	Mr. Chandra Hang Limboo	Social Audit Unit
36	Mr. Nanda Lal Sharma	Social Audit Unit
37	Ms. Kritika Subba	Social Audit Unit
38	Ms. Dolma Tamang	Social Audit Unit
39	Ms. Anjita Tamang	Social Audit Unit
40	Mr. Umesh Kumar Chettri	Social Audit Unit

11.1. Schedule of Training Programme

Duration of Course	Total Participants	Organised by	Date
One Month	40	SIRD, Jorethang, South Sikkim	04/11/2016 to 03/12/2016

11.2. Master Trainer

Name of Master Trainer	Name of Organisation	Designation	Place
Mr. Ash Bahadur Subba	SAU-Sikkim	Joint Director	NIRD&PR, Hyderabad, AP
Mr. Ganesh Prasad Sharma	Himali Vikash Sansthan (HVS)	Executive Director	NIRD&PR, Hyderabad, AP
Mr. Ganga Prasad Sharma	SIRD, Jorethang, South Sikkim	Assistant Director	NIRD&PR, Hyderabad, Andra Pradesh

11.2. List of Participants:-

Sl. No	Name of Participants	Name of Organisation
1	Mr. Sonam Phuntsho Bhutia	Social Audit Unit-Sikkim
2	Mr. Ashok Sharma	Social Audit Unit
3	Mr. Sawan Rai	Social Audit Unit
4	Ms. Kusum Tamang	Social Audit Unit
5	Ms. Devi Maya Dulal	Social Audit Unit
6	Ms. Sudha Rai	Social Audit Unit
7	Mr. Prem Prasad Sharma	Social Audit Unit
8	Mr. Indra Prasad Sharma	Social Audit Unit
9	Ms. Sashi kala Rai	Social Audit Unit
10	Ms. Tina Rai	Social Audit Unit

- Hyderabad 23rd - 28th Aug, 2014 at NIRD by SAU-Sikkim Team
- Jammu on 21st Aug, 2014 by Mr. Sandeep Tambe, Commissioner
- Nagaland on 7th May, 2014 by Mr. Tashi Chopel, ADC-Mangan
- Mizoram 19th March, 2014 by Mr. Manoj Pradhan, ADPC-Namchi
- Uttarakhand on 5th March 2014 by Mrs. Sarika Pradhan, Joint Secretary
- Meghalaya on 3rd March, 2014 by Mr. Nima Tashi, Planning Coordinator
- Assam on 20th Jan, 2014 by Mr. Sandeep Tambe, Commissioner
- Manipur on 16th Jan, 2014 by Mr. Sandeep Tambe, Commissioner
- Himachal on 28th Oct, 2013 by Mr. Sandeep Tambe, Commissioner
- Mumbai, 21st Sept, 2013 in TISS National Workshop, by Dr. B.B Rai, Director, SAU-Sikkim
- Guwahati-Assam, 06th to 12 April 2015 to Facilitate Training for NE States by SAU-Sikkim Team
- Social Audit team of Assam got experience of Sikkim model of Social Audit process at Sikkim, 15th to 25th May 2015 by SAU, Sikkim
- Hyderabad 2nd -06th November 2015 at NIRD by SAU Team
- Team from Nepal Attended Social Audit Jan Sunwai at Niya Mazing GP under Yangang Block on 18/05/2016

II. Certificate Course on Social Accountability & Social Audit

NIRD&PR, GoI & TISS, Mumbai conducted certificate course on Social Accountability & Social Audit at SIRD, Jorethang, South Sikkim. For the purpose of conducting the certificate course, Master Trainer was identified by NIRD&PR along with TISS, Mumbai. The training was attended by State Resource Person, District Resource Person and Block Resource Person.

8. Driving Social Audit through Information Education and Communication (IEC)

To make Social Audit a more productive and effective tools Social Audit Unit with support from RM&DD, Government of Sikkim has come with innovative idea of making IEC as part of awareness generation. Initiative has been taken from the preparation of MGNREGA Social Audit song, Social Audit Hand Book and Poster on roles and responsibilities of workers and Panchayats.

9. SOCIAL AUDIT HAND BOOK, 3rd Edition

To make the concept clear on social audit mode of sikkim, Social Audit hand book has been published in the year 2013. After getting experiences and making improvements in strengthening the social audit in the states of sikkim same has been incorporated in Social Audit handbook subsequently. In the year 2015, 3rd edition of Social Audit Handbook has been publish with the help of MGNREGA Cell, Rural Management & Development Department, Government of Sikkim.

10. Sharing Social Audit with other States

Sikkim Model of Social Audit has earned their name in national level. Ministry of Rural Development (MoRD) has prised the implementation of Social Audit in the states of Sikkim. Different States has visited Sikkim to experience Social Audit and same has been shared at different level at national level. Dr. B.B Rai, Director, SAU-Sikkim has visited Bhutan as a part of delegation from India as Social Audit Trainer.

Details are as follows:-

- **Bhutan** 3rd - 9th Sept, 2014 as part of Indian delegation by Dr. B.B Rai, Director, SAU-Sikkim
- **Social Audit Team of Himachal Pradesh** experience Sikkim social audit process from 23rd to 28th February 2014 by SAU-Sikkim

SOCIAL AUDIT CONDUCTED DURING FY 2016-17

Sl. No	District	Total No of GPs	Number of GPs covered
1	East	50	50
2	West	55	55
3	South	47	47
4	North	24	24
	Total	176	176

7. POST SOCIAL AUDIT

7.1. Submission of Action Taken Report (ATR)

District Programme Coordinator (DPC) organised Exit conference at District level and one month time line will be provided to the officers for submission of ATR. After receiving ATR from Block Level, DPC submits the same to the office of the SAU for further action.

7.2. Reports & Monthly Progress Report (MPR)

Social Audit Unit, Sikkim submits final Reports to RM&DD, C&AG Office, District, Block and Gram Panchayat. On monthly basis Social Audit Unit will prepared the Monthly Progress Report (MPR) of all the Action Taken Report received from District and submit to RM&DD and copy of the same is also send to C&AG office. In MPR issues raised are categorically compiled as summary for state, Block and followed by Gram Panchayat level.

7.3. Dropping of Social Audit Para

Resource Person from Social Audit Unit, visiting Gram Panchayat shall readout the Para raised in previous Social Audit and dropped the same it finds satisfactory, if Gram sabha finds it unsatisfactory, the same will be remain open for further appropriate action.

Details are as follows:-

SOCIAL AUDIT CONDUCTED DURING FY 2013-14

Sl. No	District	Total No of GPs	Number of GPs covered
1	East	50	24
2	West	55	26
3	South	47	21
4	North	24	18
	Total	176	89

SOCIAL AUDIT CONDUCTED DURING FY 2014-15

Sl. No	District	Total No of GPs	Number of GPs covered
1	East	50	26
2	West	55	29
3	South	47	25
4	North	24	12
	Total	176	92

SOCIAL AUDIT CONDUCTED DURING FY 2015-16

Sl. No	District	Total No of GPs	Number of GPs covered
1	East	50	50
2	West	55	55
3	South	47	47
4	North	24	24
	Total	176	176

implementing agency. All the quires raised by gram Sabha will be recorded by social audit team and explanation will be sought from implementation agency. All the bills voucher and Master Roll will be reading out in Gram Sabha for validation.

5.6. Exit Conference

Exit Conference will be organised by District Programme Coordinator (DPC) at district level. All the finding of Social Audit will be presented by DRIs once again and time line will be provided to submit the Action Taken Report to the officers. No Para which was raised during Social Audit will be drop in the exit conference.

6. CONDUCTING SOCIAL AUDIT AFTER ESTABLISHMENT OF SAU.

After establishment of the Social Audit Unit, Sikkim and finalisation of the Sikkim Module of Social Audit, it was decided to conduct Social Audit in the State of Sikkim for the financial year 2013-14. All the DRIs had finalised the social audit calendar for the financial year 2013-14 and Social Audit Unit-Sikkim compiled the same. After the finalisation of the annual calendar for Social Audit same has been circulated to District Programme Coordinator (DPCs) and other implementing agencies during Kick off meeting at District level which was organised by DPC.

Social Audit Started with conducting Kick off meeting at four districts of Sikkim before the actual start of Social Audit at Gram Panchayat. During kick off meeting Social Audit team circulated social audit calendar and clearly disseminated information about the process of social audit and required documents which social audit team will verify. With initiation of full flag Social Audit in the state from financial year 2013-14 same has been continued for 2014-15.

Kick Off meeting will be organised by District Programme Coordinator at District level before 30 days from the date of Social Audit. This is the platform where District Resource Institution (DRI) will present the required document which needs to be providing during Social Audit and simultaneously finalisation of the Social Audit calendar take place. Check list of documents also distributed by DRIs to the entire stakeholder. The programme needs to be present by the entire implementing agency.

5.2. Document Verification

Social Audit Team will verified the all the documents at GPK for two days. During document verification social audit team will verified document like, Master Roll, bills, voucher, etc.

5.3. Field visit and Door to Door interaction

Social Audit team will visit the field of completed work and ongoing work to verify the work status. On the other hand interaction with job card holder will also take place, where Social Audit team will cross checked the job card with bank passbook and feedback on the Schemes will be recorded.

5.4. Data Compilation

On compilation day Social Audit Team will compiled the data collected from document verification and field visit to present in Jan Sunwai/Gram Sabha.

5.5. Jan Sunwai/Gram Sabha

Jan Sunwai/Gram Sabha will be organised by GP at convenient place for maximum participation of the job card holder. Jan Sunwai will be chaired by Zilla member and 30% of the job card holder must be present to conduct the same. The day long programme will be attended by the entire

Sikkim has developed two models of Social Audit process for MGNREGA, which in practice is called Intensive and Paired Model. In the Intensive model, all step wise activities would be held for the particular GP by the concern District Resource Institutions (DRI) at a time. The DRI would complete one Gram Panchayat at a time. In Paired Model of MGNREGA- Social Audit process will remain the as intensive model and does not reduce the scope of the Social Audit and Complete the Social Audit in two GP at a time in order to save the resources.

4.2.1 Intensive Model:-

In the Intensive model, all step wise activities would be held for the particular GP by the concern District Resource Institutions (DRI) at a time. The DRI would complete one Gram Panchayat at a time. This model would be followed in area where pairing of GP would not be possible due to geographical features, distance and accessibility. Intensive model would also be followed in area with higher number of works and job card holders where more Resource Persons would be required. The Intensive model would follow the same step wise process.

4.2.2 Paired model:-

In Paired Model of MGNREGA- Social Audit process will remain as intensive model and does not reduce the scope of the Audit. Using the Pairing model the logistic would be shared by the team and GP close to one another would be paired at a time. This would help the DRIs cover more area and also reduce the unit cost. The kick off and Exit Conference meeting would be conducted on the combined day since the block and the officials remains the same for both the GP.

The step wise processes followed are as follows:-

5. SOCIAL AUDIT CYCLE

5.1. Kick off Meeting

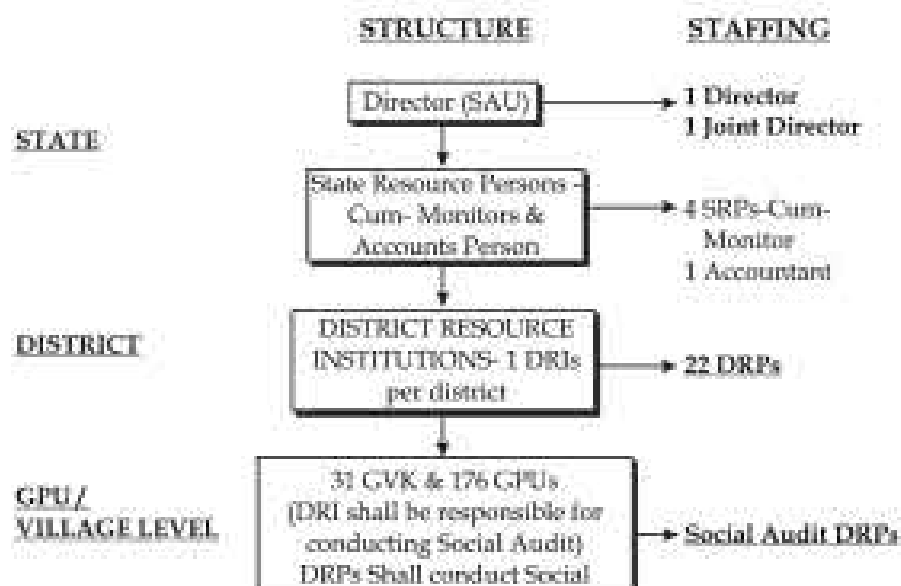
2. Social Audit Unit Sikkim

Rule 4 of Audit of Schemes Rules, 2011 stipulate that each state Government shall identified or established an independent organisation, Social Audit Unit (SAU) to facilitate conduct of the Social Audit of MGNREGS works.

Voluntary Health Association of Sikkim has been identified by the Rural Management & Development Department, Government of Sikkim as the independent organisation to function as the Social Audit Unit (SAU) for conducting Social Audits of MGNREGS works in the state of Sikkim as per office order No.1122/RM&DD, dated 14.12.2011.VHAS has been facilitating the Social Audit for East and North of over 5 years since 2008.Over this year SAU has under gone for long process in collaboration with Rural Management & Development Department, Government of Sikkim to set up Social Audit Unit in the State. Dr. B.B Rai, Executive Director, VHAS has been appointed as Director for Social Audit Unit as per the letter Ref.No.496/RM&DD/MGNREGA.Dated:04/12/2012.

3. MODEL OF SOCIAL AUDIT IN SIKKIM

Figure-1b: Human Resource Position at SAU-Sikkim (SOCIAL AUDIT UNIT)



1. Introduction

The basic objective of the social audit is to ensure public accountability in the implementation of Projects, laws and policies. The Social Audit is an effective means for ensuring transparency, participation, consultation and accountability under the MGNREGA. The process of Social Audit combines people's participation and monitoring with the requirements of the audit discipline. Since the agency implementing the scheme cannot itself audit the scheme, therefore, it is necessary to promote people's participation in the audit along with support provided by an independent social audit organization that facilitates the process. The Social Audit process is not a fault finding, but a fact finding process. The work of the Auditor is only to 'investigate' by cross-verifying facts and details in the records from the laborers and cross verifying works at site. The "Auditors" must not view themselves as "Prosecutors".

Social Audit Unit needs to be established for the purpose of Social Audit by the state government. State Level Vigilance Cell followed district level and Vigilance and Monitoring Committee (VMC) at village level needs to be strengthened for the purpose of strengthen transparency. Maintaining of Proactive disclosure by gram Sabha, where all the details of works with bills, MR and Vouchers will be read out for the purpose of validation by Gram Sabha.

Section 17 of Act clearly stated that, (1) the Gram Sabha shall monitor the execution of works within the Gram Social audit of Panchayat. (2) The Gram Sabha shall conduct regular social audit of all the projects under the Scheme taken up within the Gram Panchayat. (3) The Gram Panchayat shall make available all relevant documents including the Muster rolls, bills, vouchers, measurement books, copies of sanction orders and other connected books of account and papers to the Gram Sabha for the purpose of conducting the social audit.

SUCCESS OF THE PROGRAM

- Issues based health plan forum has prepared.
- Positive response & support of all the stakeholders such as villagers, PHC Sub-centre, AWW Centres, Gram Panchayat, ASHA, SHGs and local CBOs.
- Partners NGOs were strengthen in their capacity building.
- In Swacha Bharat Abhiyan partners NGOs were involved.

SUMMARY & CONCLUSION:

The purpose of this project is to establish community participants and understanding their participation in developing health services. Community participation in health services will bring development in a rural community its main motive is to ensure the communities viability and sustainability. It may override an interest in the use of the health services to improve health.

Both the achievement of a task, and the processes involved, are important in considering community participation in health services development in a community. People's commitment to community also ensures that people had access to health services. The reasons for community participation are multi-layered and it is important to understand the layers of motivations and negotiate different perspectives if communities are to be effectively engaged in health services development.

Rural community participation that enables it to be better understood as collective social interactions directed to the achievement of a task that community members perceive would benefit the community. This understanding has theoretical support in well-established theory about community. The understanding may have practical value in engaging with communities of place in the development of health services.

Community participation in health development is highly desirable. Though there is really a lack of appropriate models to ensure, replicate and sustain it. The prospect lies in using existing social capital as much as possible to ensure community participation and ingenuity in generating resources from the system for growth and expansion, perhaps through some kind of balance between the public and the private sectors.

7	Assist in developing health plans at different levels	Result Not achieved	10(31.3%)	22(68.7%)
8	Capacity building of BHCS Team	10nos. of the BHCP staffs trained on 2016 activities of the BHCP Train on Sub-Centre & PRI services delivery details	43.50%	56.50%
9	Initiate, support and lead on four thematic areas at the district level by the champions	3nos. of Potential leader was selected 3nos Adolescents Group Formed	15(39.4%)	23(60.6%)
10	Issue-based health camp	One health camp & human trafficking campaign was held.	53.20%	46.80%
11	Capacity building of Health actors	35nos. of health actor trained on maternal mortality & health services of government and Knowledge development skill.	8(22.8%)	27(77.2%)

STATUS OF THE BHCP ACTIVITIES AT FIELD

NAME OF THE ACTIVITIES	TOTAL UNITS APPROVED	TOTAL UNITS ACHIEVED
Supporting VHSNC (Awareness program)	24	24
Service provision on NCDs and old age people, Mother and Children	03	03
Networking of adolescents leading to evolving a statements	20	19
Promotion of IMNCI	16	16
Promotion of Medical insurance	16	16
Strengthening / promotion of community institutions on health at different levels	16	15
Assist in developing health plans at different levels	02	02
Capacity building of BHCS Team	02	02
Initiate, support and lead on four thematic areas at the district level by the champions	02	02
Issue based health camp	02	02
Capacity building of Health actors	04	04

DETAILS OF ACTIVITIES THE PROGRAM:

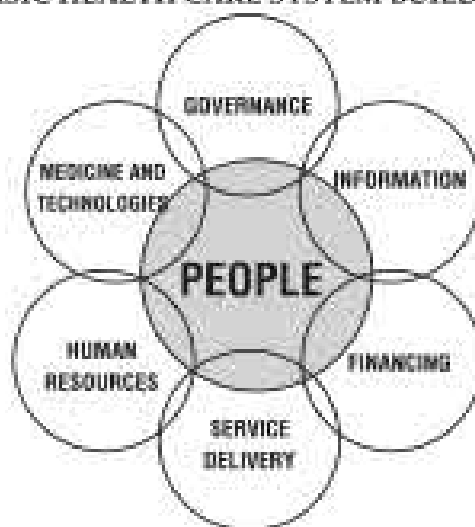
SL. No.	Activities	Result achieved	Percentages of Beneficiaries covered	
			Male %	Female %
1	Supporting VHSNC (Awareness program) 2	a) 4nos. of VHSNC member has started and conducted the VHSNC meeting as per guidelines. b) 4nos of collaboration program between VHSNC member & BHCF team in our respective areas for IGDC monitoring & School Sanitation	69(47.9%)	75(52.1%)
	Service provision on NCDs and old age people, Mother and Children	a) 9nos of patient health check up cum screening. b) 3nos of Old age person was filled up the pension format.	9(29.1%)	22(70.9%)
3	Networking of adolescents leading to evolving a statements	a) 4nos of Adolescents group was formed b) Adolescents are taking services from Amresh clinic 3. Networking develops to protect human trafficking.	309(51.4%)	290(48.6%)
4	Promotion of IMNCI	a) 12no of lactating mother was did Breast f. feeding method & exclusive BF. b) ANC/PNC mother participates is increased and feeding knowledge development	0	25(100%)
5	Promotion of Medical Insurance	a) 325 Household covered by RSB b. Total 3nos of families' members claim Sikkim Manipal Swasthya Suraksha Medical Insurance. c). 15nos of awareness program was held in project areas on medical insurance	143(44%)	182(56%)
6	Strengthening / promotion of community institutions on health at different levels.	a) 4nos of community monitoring group formed b) 2no of creation health fund c) 2nos of SHC started health fund.	68(35.6%)	123(64.4%)

THE BHCP HEALTH SYSTEM ACHIEVEMENT

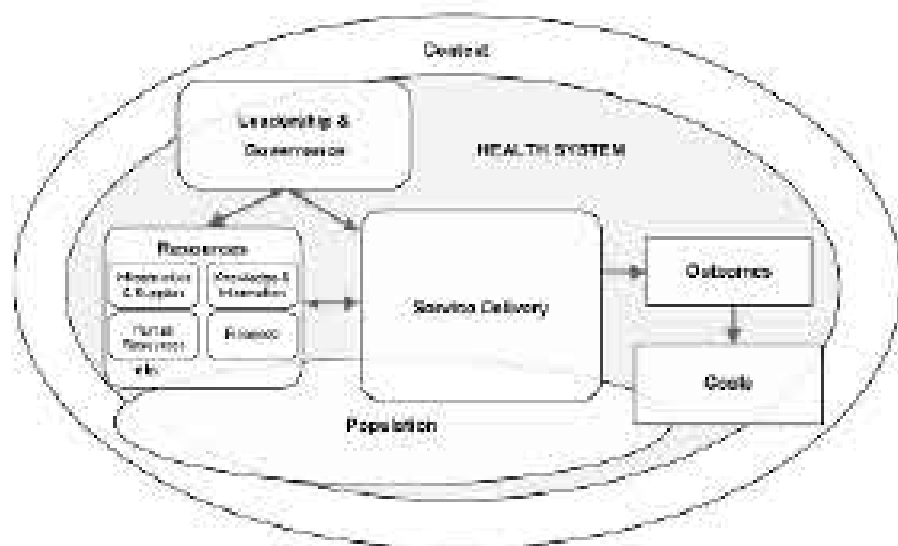
- **Service delivery:** including effective, safe, and quality personal and non-personal health interventions that are provided to those in need, when and where needed (including infrastructure), with a minimal waste of resources.
- **Health Workforce:** responsive, fair and efficient given available resources and circumstances, and available in sufficient numbers.
- **Health information:** ensuring the production, analysis, dissemination and use of reliable and timely information on health.
- **Medical technologies:** including medical products, vaccines and other technologies of assured quality, safety, efficacy and cost effectiveness, and their scientifically sound and cost-effective use.
- **Leadership and governance:** ensuring strategic policy frameworks combined with effective oversight, coalition building, accountability, regulations, incentives and attention to system design.
- During this year the youth participated in multiple activities which aided awareness and engagement around CARE India's initiatives.

Increasing Participation and Ownership by the Community: This is sought to be achieved through an increased role for PRIs, the ASHA programme, the village health and sanitation committee, increased public participation in hospital development committees, district health societies in the district and village health planning efforts and by a special community monitoring initiative and also through a greater space for NGO participation.

THE DYNAMIC ARCHITECTURE AND INTERCONNECTEDNESS OF THE BASIC HEALTH CARE SYSTEM BUILDING BLOCK

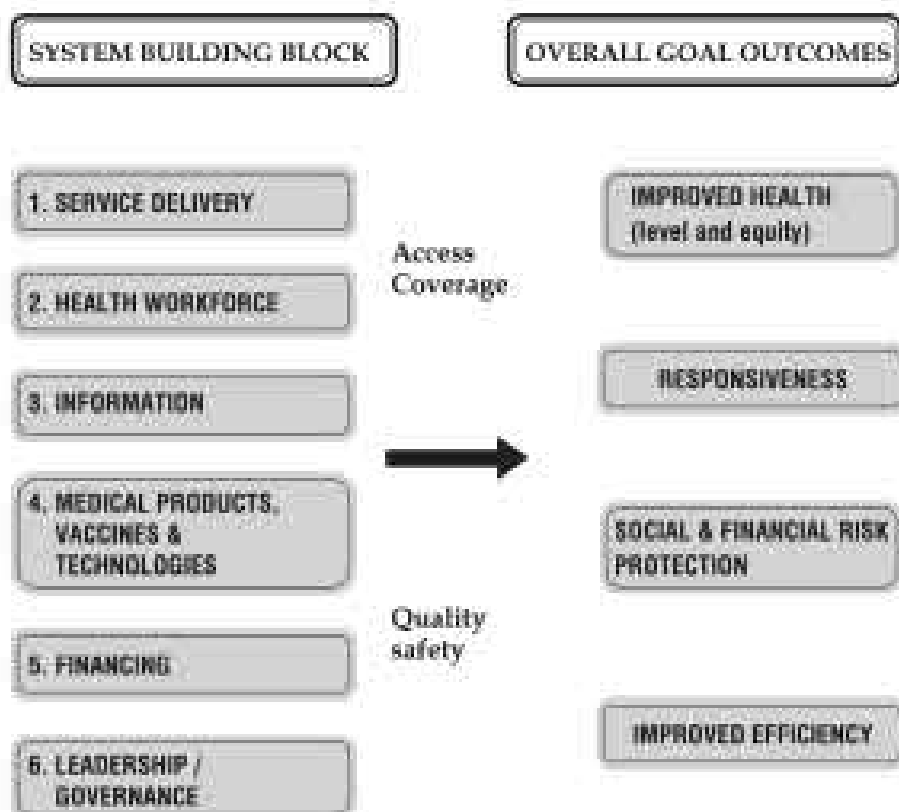


THE BASIC HEALTH CARE & SUPPORT PROGRAM SYSTEM DYNAMICS



Result 4: Synergic and collaborative actions among the BHCS team, PRI, government health team, private and civil society actors to implement and influence various health programmers (NRHM and health programmers of state) at GP, Block, district level.

THE BASIC HEALTH CARE & SUPPORT PROGRAM FOCUS ON BUILDING BLOCKS OF THE HEALTH SYSTEM



3	Milan Welfare Sangh (MWS)	Tikpur Siktam GPU (5 ward has covered)	2559	<ul style="list-style-type: none"> • Strengthening National Health Mission (NHM) program collaboration with PHC, PRICKDS, School, Sub-centre and Health actor • Strengthening health services
4	Voluntary Health Association of Sikkim (VHAS)	Lungchok Salangdang GPU under 5 ward	2128	
		Total Population	8304	

Source of Population: Gram Panchayat Pro Poor Prospective Plan (GPP)

Specific Objective:

- To improve the quality of people's health, health system and health care services in 4 Panchayat concentrated in 2 blocks in West district Sikkim.
- To strengthened and enhanced through a people centred partnership process with all stake holders.

VHAS will implement the project at: 4 GP(s) namely: Ribdi, Lungchuk, Tikpur and Rumbuk in Sombery Block in District West Sikkim.

Expected Results/Outcome:

- Result 1:** Selected GPs, Blocks, districts will develop health plans, strengthen health systems, identify policy and operational gaps, and made appropriate policy changes.
- Result 2:** The community will actively participates, contributes, monitors and influences in developing and implementing health plans at the GP, Block, sub-district and district level.
- Result 3:** Communities, district, state and national health authorities, leaders and health institutions, civil society actors will involve in health programmers and international health organizations are aware, acknowledge evidence-based, people centre inclusive BHCS programme

BASIC HEALTH CARE SUPPORT PROGRAMME (BHCP)

Basic Health Care and Support Programme (BHCP) of Voluntary Health Association of Sikkim (VHAS) work closely with the community people through local partner organizations engaged in the field of health, social development. The primary objectives of BHCSP are to promote community health, social justice, human rights related to the provision, distribution of health services, collectivizing the effort of grass root NGOs/CBOs, community groups, creating opportunities for positioning them within the local health system. The programme emphasizes towards strengthening the health service providers as well as the community groups, creating enabling environment for the people to access, ensure quality health care services.

Basic Health Care and Support Programme, through capable intervention by its team members, is facilitating district level NGO network called as '*District Health Forum*' in Sombaria Block at west district of Sikkim in terms of capacity building, baseline survey, identification of gaps, planning of programme & guidance, finance management, reporting, documentation, case building exercises, thus to place the health forum as a mediator and bridge between provision, requirement of health care services. The name of the partner NGOs and project target areas are as follows:-

Sl. No.	Name of the partner NGOs & Address	Project Target areas (GP Covered)	Total Population	Target
1	Nav Jyoti Kala Samiti (NJKS), Rumbak Sombaria, West Sikkim	Rumbak GPU under 6 (six ward cover)	1995	<ul style="list-style-type: none"> • Adolescent age group • Reproductive child Health (RCH)
2	Nagbelli Conservation Association (NCA) Lower Ribdi, West Sikkim	Ribdi Bhurang GPU under 5(Five Ward/ Villages)	1622	<ul style="list-style-type: none"> • Gap Identify and policy making • Old age people

Self Help Groups from PAKA Project Area:

Sl. No.	Name of SHG & Address	Total members	Monthly Savings per member	Name of Bank	Account No.
1.	Jan Kalyan, Karnaraj	10	50	AXIS, Rangpo	441010100060569
2.	Suraksha, Karnaraj	10	50	AXIS, Rangpo	441010100060561
3.	Bangam, Karnaraj	4	50	Opening of account under process	Under process of opening
4.	Deepnala, Karnaraj	10	50	Opening of account under process	Under process of opening
5.	Ajambani Mahila Samiti, Samkey	10	50	AXIS, Rangpo	Under process of opening
6.	Saapvira, Pachak	10	60	AXIS, Rangpo	441010100035246
7.	Surakshari, Pachak	10	60	AXIS, Rangpo	912010014066985
8.	Pratigya, Pachak	07	60	SBI Rangpo	33526300413
9.	Khatwara SHG, Budhang	7	50	AXIS, Rangpo	911010024048813
10.	Budang Deorali	12	80	Indian Overseas Bank, Pandam	511201000002796
11.	Shital, Sajong	12	200	SBI, Rangpo	53072800816
12.	Divyagiri, Sajong	09	210	Indian Overseas Bank, Pandam	511201000001183
13.	Himalayan, Sajong	10	110	SBI, Rangpo	53077300615
14.	Shanti, Sajong	10	200	Indian Overseas Bank, Pandam	511201000000361
15.	Samapiti, Sajong	10	200	SBI, Rangpo	5275529622
16.	Pragati, Sajong	10	100	SBI, Rangpo	55152690781

students of Class X. Inspection of Toilet supported by project had also been done and the condition of toilet was very good. School shared that toilet has been very beneficial for them and it is being utilized properly.

In afternoon, there was an interaction meeting with the members of SHGs at Sajong Community Hall. IIMK Officials interacted with SHG Members and asked them to share their opinions about the being in SHG. SHG members shared that they are very happy and thanked IIMK for their continuous support. After that, some of the toilets under Individual Household Sanitation and Pig Farm under Income Generation Program (Economic Activity) have been visited.

3rd April: It was Sunday so there was no field visit.

4th April: Visited PARAS THEZUM area and interacted with SHG members at Ralong ICDS Centre. Some SHGs are still doing well and shared some good points of being in SHG. They also shared how they helped a daughter of one deceased member by giving the money saved by her mother in SHG to complete her studies up to 10th standard. Later on, the group also gave her loan for her marriage which was repaid back by her. 2nd half of the day was for meeting Block Development Officer at Duga but due to emergency meeting called by department, we could not meet him.

5th April: SHG Convention at Sajong.

6th April: VHAS Office visit and interaction with Executive Director and Project Staff. IIMK officials suggested adding a column of Abbreviation in Project Proposal so that the people at Belgium can understand the abbreviated words. They also suggested adding a paragraph of future plan in the proposal.

7th April: Left Gangtok for Malbazar, accompanied by VHAS Driver.

Milching Cow Scheme- Group & Individual Economic Activity

Sl. No.	Primary Beneficiary's Name	Name of SHG	Daily Income / Status
1.	10 Members- 4 cow	Divyajyoti	10 kg @ 30 = 300
2.	Rotation Beneficiaries Name	Shanti	Income yet not started
	Meruka Acharya		
3.	K.M. Acharya	Do	Do
4.	Renuka Pradhan	Do	Do
5.	Meena Acharya	Do	Do

Ginger Farming: Group Economic Activity

Sl. No.	Beneficiary's Name	Name of SHG	Ginger Supported	Present Status	Income	Rotation
1.	10 Members	Samarpit	400 kg	Ginger destroyed by pest	-	Unable to give back for rotation

Monitoring & Evaluation Report (Visit from IIMK):

Mr. Bert and Mrs. Ann from IIMK-Belgium were in Sikkim for monitoring and evaluation of the project from 1st April to 7th April 2016.

1st April: Received the guest at Bagdogra Airport by Office Driver and arrived to Gangtok. Project Coordinator welcomed them by offering traditional scarf at Hotel and shared the agenda.

2nd April: Visited Duga Senior Secondary School to monitor the School Health activities. Had a very fruitful meeting with Headmaster Mr. D.B. Chettri, Science Teacher who is assigned as Health Education Teacher and

Lastly, Dr. B. B. Rai, in his Vote of Thanks remarks, thanked the Chief Guest, Guest of Honour, Special Guest, Panchayats, SHG Members, IIMK family and all the people who are directly or indirectly involved in the success of the Convention and the project.

Sajong: Economic Activities:

This year, Samarpit SHG has been supported for ginger cultivation and piggery rotation is also taking place.

Piggery Status: Individual Economic Activity

Sl. No.	Name of Primary Beneficiaries	Name of SHGs	No. of piglets	Rotation Status
1.	Tendup Bhutia	Himalayan	2	Rotation due
2.	Karma Dubo Bhutia	Do	2	Rotation completed
3.	Jiwan Kumar Rai	Do	2	1 rotated, 1 due
4.	Bimal Rai	Do	2	Rotation completed
5.	Bijay Kumar Rai	Do	2	Rotation due
6.	Neena Kumari Rai	Sheetal	2	Rotation due
7.	Dilli kumari Rai	Do	2	Rotation due
8.	Shanta Kumari Rai	Do	2	Rotation Completed
9.	Bishnu Kumari Rai	Do	2	Rotation due
10.	Gauri Maya Rai	Do	2	Rotation due
Sl. No.	Name of Rotation Beneficiaries	Name of SHGs	No. of piglets	Rotation Status
1.	Chiden Bhutia	Shanti	2	Rotation from Karma Dubo Bhutia
2.	Dawa Lhamu Tamang	Samarpit	1	Rotation from Jiwan Kumar Rai
3.	Meena Tamang	Samarpit	2	Rotation from Bimal Rai
4.	Mani Kumari Rai	Samarpit	2	Rotation from Shanta Kumari Rai

4. Villagers now have sound banking knowledge. One member of SHG shared that she has quietly opened a savings account, unknown to her husband.
5. Decision making power of women has improved to some extent. Instead of relying on their husbands, they are able to make financial provisions on their own.
6. Improved RCH status: coverage of immunization and institutional deliveries have increased

4 SHG members, all female, 1 each from PT Area, Pachak, Kameray and Sajong shared their experiences in project for 5 minutes each. The village women could come up at the stage to share their experiences in front of large crowd which was a sign of women empowerment and that was the impact of the project.

The next program was felicitation by Stakeholders to Mr Bert and Mrs. Ann for their financial support and Mrs. Anjana Rai for continuously guiding and handholding the SHGs.

The program was also addressed by Panchayat President Mr. Karma Gyurmey Bhutia and expressed his gratitude to IIMK for their support to uplift the backward area and its people.

Then, Guest of Honour for the Day, Mrs. Kalpana Moktan, addressed the gathering and appreciated the concept of Rotation System in IGP. She shared that she would love to replicate this rotation model in government scheme too and thanked IIMK for their support.

Afterthat, Chief Guest, Mr. Hemendra Adhikari, MLA, addressed the gathering and shared about the government programs and schemes for the benefit and upliftment of the poor people. He talked about Comprehensive Annual Total Health Check-up Camp for free by government, other vocational courses and skill development programs. Lastly, he also thanked IIMK for the support.

Very easy the boys said and they broke sticks in two.

Bind all branches with a rope together, the father went on, and try now to break the whole bunch of branches. The one after the other son tried, but the branches that were separate so easily broken, were bound together as strong as steel.

You see, their father said, what you do with these sticks can also happen to you.

If you are always just fighting for yourself, you are alone and you can easily be attacked and be broken. Together, you are strong, that applies for sticks but also for people.

That is the meaning of being member of a SHG. Weak separated, but strong together."

Anjana Rai, Project Coordinator updated about different activities under the project with support from IIMK-Belgium and highlighted the major achievements of project as follows:

1. Total No. of SHGs formed / worked with: 51
2. Total Toilets constructed: 108
3. Total livestock supported: 70
4. Total Ginger Supported: 20 mound= 800 kg
5. Construction of Roof Water Harvesting Tank at Shapley: 01

Successes

1. There has been a lot of income generated through livestock and other activities.
2. During medical or other emergencies, villagers don't need to worry about seeking loan from outside sources. SHGs have been helpful in reducing this burden.
3. Village children either go to ICDS or schools. In a few cases, parents have sent their children to private schools nearby to start early schooling.

And last but not least **Economic Development**. Linkage to the Govt is good to receive what you are entitled to, to know the different schemes which can help and support you. But this is not the ultimate goal! Because at the same time that the Govt schemes are helping you, they make you dependent and you stick at this level. So this is not the final solution! Therefore economic development is needed to lift up your economic capacity, to be your own boss instead of asking the Govt aid with your hands open as a beggar.

Economic development is achieved by skill training, livestock farming and promotion of agriculture and fishery, producing baby food, producing vermi-compost to double the field where it is applicable and useful. In this way you get rid of money lenders and unhealthy labour situations. And as Prime Minister Modi said "we do not give things for free", so do we. We support you with loans, to be paid back, which creates **ownership and responsibility**.

It is ownership and responsibility for your family that lead to **sustainability** which means that you can go your own way without the Govt support, without our support. That is the ultimate goal of our support, to make you self-reliant and to make that you can help yourself. And that is the meaning of SHG: Self Help Group!

Then, Mrs. Ann shared a very encouraging story and the theme was "Unity is Strength". She encouraged mothers to play important role in the family to shape the future of their children. For that, one has to be empowered and SHG is one of the tools for women empowerment." Excerpt of Mrs. Ann's Speech **"Strong together = the meaning of being a member of a SHG. There was once a man who had three sons.**

"To the distress of the man, the three boys were always arguing

One day, the father said to his sons: bring me as many branches as you can carry!

The three boys ran into the woods to gather branches and each came back with a bunch of branches.

Now take each one a branch, said the father, and try to break it.

5. Dr. B.B. Rai, Executive Director, VHAS
6. More than 100 SHG members from PARAS THEEZUM and PAKA Project
7. Project Staff & Field workers from VHAS

The main objective of the SHG Convention was:

1. To give platform to SHG members for sharing their experiences with each other
2. To make stakeholders aware of the existence of SHGs supported by NGO
3. To sensitize government representatives and politicians on the project and seeking

IIMK Officials Mr. Bert and Mrs. Ann addressed the program. **Excerpt of his speech** “Our involvement in India started in 1997 in Sonargon, South of Kolkata, helping a young doctor who studied in Belgium. Nevertheless education and healing the sick people by sponsorship from abroad are good but they do not solve the cause of the problem which is underdevelopment and malnutrition. Therefore, IIMK choose at the end of the nineties for village development project which helps a whole community towards better living conditions, especially the living conditions of you, dear SHG members so that you can take care of yourselves and of your children.

The approach consists of three elements:

1. Health and hygiene
2. Women empowerment
3. Economic development

Health and Hygiene should be maintained by using clear (tube well) water instead of pond water, by good sanitation (chullas and toilets).

Women Empowerment by joining a SHG. Women empowerment does not mean the muscle power of the man, but the power of you, SHG members, to define your own future and those of your children, the power to take your own decisions, to come forward and to speak for yourself, the power to manage your savings.

-Kameray Gram Panchayat Unit (GPU) on 16th June 2016. The main objective of the program was to update Panchayats and other about PAKA Project and its objectives.

Ms. Anjana Rai from VHAS highlighted about the project activities. The officials from Sikkim State Rural Livelihood Mission (SSRLM) under Rural Management & Development Department of Government of Sikkim were also present. The project is under National Rural Livelihood Mission (NRLM) of Government of India. They also shared about the activities to be undertaken by the project in the state. They also shared that their main objective is to form women SHGs in village level and then help them in livelihood activities.

Anjana Rai from VHAS further informed that in this GPU, some SHGs are already formed with whom we are working as in our project also it is mandatory to have SHGs in place. She further shared that the PAKA project is in withdrawal phase and will be withdrawn from 2019 and we have plan to handover our SHGs to some agency so that the SHG activities will continue even after project withdrawal and SSRLM project could be that agency to which we can handover our SHGs. As such, we need to work in coordination. The SSRLM project people also appreciated the idea.

VIII. Capacity Building:

SHG Convention: During IIMK officials Sikkim Visit, SHG Convention had been organized at Community Hall, Sajong on 5th April 2016.

The lists of participants:

1. Mr. Hemendra Adhikari, Member of Legislative Assembly (MLA) of Rhenock Constituency in East Sikkim-Chief Guest
2. Mrs. Kalpana Moktan, Up Adakshya (Vice President) of East District Panchayat-Guest of Honour
3. Mr. Bert and Mrs Ann from IIMK, Belgium-Special Guest
4. All the ward Panchayats from 5 wards of Budang-Kameray Gram Panchayat

follow the rule of rotation. Some future plans were also discussed like holding Cleanliness camp, General Health Check-up Camp in collaboration with some other program, next year's activity etc. And the program ended with vote of thanks followed by lunch.

VI. Follow Up Meetings:

Follow up meetings with SHGs have been conducted at Pachak, Kameranay, Budang and Samkey with SHG members. The objective of the meeting was to know the status of SHGs and the status of IGP and rotation system.

Following points were discussed:

1. SHG activities
2. Future plan of SHGs and its scope
3. Any activities related to income generation

It was learnt that most of the SHGs that were in place have been defunct and very few are active. Old groups were deformed and active and willing members are in the process of opening new groups. The beneficiaries of PAKA Project must follow the system of rotation and return back the calf so that the process becomes sustainable. This system implies to all the SHG members who were in the SHG during project period no matter if they are in group or not in group at present. The SHG members assured that they will follow the system of rotation as and when it is ready even if they are no more in group but other group members will continue the process.

VII. Coordination Meeting with Government & other Stakeholders:

A. Update Meeting with BDO & Panchayats: Update meeting with BDO has been done on 28th September 2016 at his office at Duga. Panchayat Inspector was also present at the meeting. The project activities have been updated to him by Project Coordinator and sought his cooperation for the developmental activities for the upliftment of SHGs. He also assured to extend all possible help to the project

B. Update meeting with other stakeholders: One day meeting with Panchayats and other stakeholders was conducted at the office of Budang

Household Toilet. A total of 8 toilets demands have been recorded to be incorporated in the proposal but subject to the approval from funding agency.

- B. Cleanliness drive at Community level:** Community Level cleanliness drive has been organized at Sajong Village on 25th March 2017. Local Club Jan Chetna Pariwar members, SHG members and school students participated in the cleanliness program. Dustbin from Gram Panchayat and broom from VHAS has also been provided to Sajong Government Junior High School and one private primary school. Before the initiation of the cleanliness drive, a short formal program was organized where awareness have been given to the participants about the importance of clean environment and clean surroundings. As a contribution towards Swatch Bharat (Clean India) campaign of Central Government under the visionary leadership of honourable Prime Minister Mr. Narendra Modi, VHAS in association with local club has taken the initiative to spread awareness among community members. The program ended with cleaning of roadside area in Sajong village.

V. Support to SHGs:

Training on Sustainability of SHGs through Rotation: One day training on “sustainability of SHGs through rotation” has been organized at Sajong Community Hall on 27th September 2016 for the members of different SHGs. The program started with the registration of the participants by Field Facilitator followed by welcome note from Project Coordinator Mrs. Anjana Rai. Newly formed SHG members also attended the program. She highlighted about the concept of rotation system for new members and its importance for the sustainable development of SHGs in long run. It was learnt in the program that one piglet is getting ready for rotation. Project Coordinator shared this information in the program and asked the SHGs to identify the needy beneficiaries for piggery rotation but criteria should be the beneficiary must be active in group, she must be in need so that this initiative can help her for economic upliftment in future and she must

5. Mrs. Anjana Rai, Project Coordinator, VHAS
6. Dr. B.B. Rai, Executive Director, VHAS

After the registration of participants, program started with welcome address by Project Coordinator Mrs. Anjana Rai.

Mr. Ash Bahadur Subba, who has experience of working on capacity building of Community Based Organizations of Sikkim, was present as one of the Resource Person. He dealt with the topic "Background of VHAS & Basics of Non Governmental Organizations (NGOs) / Community Based Organizations (CBOs). He made it clear to the participants about the basic requirements of NGOs or CBOs to retain legal status. He also stressed about the importance of legal status for NGOs / CBOs. The important advantage of legal status is its identification and also they can be able to get funds to do community welfare and developmental works.

Mr. N.L. Shashanker, Auditor, from B.C. Periwal and Brother's: Chartered Account Firm as a resource person highlighted about mandatory records that needs to be kept by NGOs/ CBOs. He further advises them to make Annual Report and Audited Report as basic documents of the organization. He also talked about different registers that can be maintained by the organizations.

In his concluding remarks, Dr. B.B. Rai advises them to maintain transparency in the organization activities and follow the rules and regulations laid down for organizations.

IV. Household Sanitation:

- A. **Awareness Generation on importance of Household Toilets and its maintenance:** Awareness Generation on importance of Household Toilets and its maintenance for the SHG members of Sajong has been organized at Community Hall on 31st January 2017. This topic was felt necessary to increase awareness among stakeholders about the toilet hygiene. Ms. Anjana Rai from VHAS, highlighted about the need and importance of toilet hygiene to the participants. The demand has also been placed by the SHG members for construction of Individual

She further told that project plan has to be made for next financial year of 2017-18. The SHG members asked for Toilets and they were told that it will be discussed in next meeting. For that, involvement of active SHGs are required and made it clear that this time those beneficiaries would not be considered for any scheme like Toilets and Rotation who do not comes to meetings and programs on regular basis. It has been observed that some SHG members used to come to meetings for getting some material benefits and as soon as they get it, they vanished.

III. Capacity Building to Local Institutions

A. Training to local NGO on importance of records/legal status

Under the capacity building head, one day training to local NGO on importance of records/ legal status has been organized at VHAS Training Hall on 1st August 2016. The local NGO members from project villages have attended the program.

Following members were present from four local organizations from project area

1. Mr. Nar Bahadur Rai, President, Jiwan Jyoti Samaj, Kameray
2. Ms. Bishnu Maya Pradhan, Treasurer, Jiwan Jyoti Samaj, Kameray
3. Mr. Karma Dubo Bhutia, General Secretary, Jan Chetna Pariwar, Sajong
4. Mr. Tek Nath Rai, Treasurer, Jan Chetna Pariwar, Sajong
5. Ms. Pem Doma Sherpa, Member, Sherpa Samiti, Upper Pachak
6. Mr. Chandra Kumar Giri, President, Jan Uthan Samaj, Lower Pachak
7. Mr. Suren Rai, Member, Jan Uthan Samaj, Lower Pachak

Other persons were:

1. Mr. Ash Bahadur Subba, Resource Person
2. Mr. Nehru Lal Shashanker, Resource Person
3. Mr. Siraj Darjee, Project Accountant, VHAS
4. Ms. Devika Chettri, Accountant, VHAS

The program started with the registration of the participants by Field Facilitator followed by welcome note from Project Coordinator Mrs. Anjana Rai. She further highlighted about the importance of being in group. All SHGs needs to stay united so that they can do different developmental works through government and NGO support. One of the sustainability factors for SHG is getting engaged into productive works which can help them to generate additional income. She also stressed the SHG members to always come for meetings and trainings so that they can make a future plans with the involvement and participation of each and every members. She further shared her worries that some of the SHG members have become benefit driven which is not a very good sign for the growth of SHGs. Benefit driven SHG members attends meetings whenever they have to get some direct and immediate benefit like toilet or livestock. She further shared that those SHG member whose turnover is less in the meetings and trainings, shall not be entertained for future benefits.

Ward Panchayat and Field Facilitator Mr. C.D. Rai also addressed the gathering and urged the public to get involved in the development works for the common benefit of the individual as well as society

B. Training on SHG Linkage with Bank & Importance of Records; Training on SHG linkage with Bank and importance of records has been organized at Sajong Community Hall on 26.12. 2016. The members of different SHGs attended the program.

As a resource person, Mrs. Anjana Rai from VHAS explained the various government schemes of SHG linkage with Bank. She told them that it is up to the SHGs to take advantage of such schemes especially the loan from Banks for Income Generating Activities. Here comes the importance of records keeping, if SHG want to take loan from Bank. As the project is in withdrawal phase and the Income Generating programs supported by project is a way to show how things can be done. After the withdrawal, SHGs have to go in their own and they must plan for further development. If there is a will, there is a way for sure and such scheme of SHG linkage with Banks can be beneficial for the strong and vibrant SHGs.

members of Sajong area on 26.11.2016 at Sajong Community Hall. After Awareness generation, general health check up camp was also organized for villagers.

The resource person of the program was Dr. Ashish Sharma. In India, the *Child Sex Ratio* is defined as the number of females per thousand males in the age group 0-6 years in a human population. The child sex ratio of Sikkim state is 944 per 1000 males as per the 2011 census. The resource person shared that there should be no discrimination of children because of gender. Though, in our community such discrimination is not there but some people still have mild preference for son. Despite of the gender, equality should be there for all the children in terms of health and education facilities.

Another topic was Declining Total Fertility Rate at Sikkim. Total fertility rate (TFR) refers to the actual average number of children born to a woman over her lifetime. Average TFR is considered as 2.1 but in the state of Sikkim it is below average mostly due to preference for 1 child by parents. As such, it is necessary to create awareness among general people about it and hence the awareness was organized.

After the awareness program, general health check up camp was also organised where Dr. Ashish Sharma, Medical Officer was assisted by Ms. Rubina Sharma, Nurse by profession.

Around 40 people including children, adult and geriatric people came to the camp for screening of Blood Pressure and with complaints of Joint Pains, Weaknesses, and Headache etc. The people were very happy that they got chance to consult a doctor at their village and request for such camps in future as well.

II. Women Empowerment & Development:

A. Training on Sustainability of Self Help Groups: One day training on sustainability of Self Help Groups (SHGs) has been organized at Sajong Community Hall on 12th August 2016 for the members of different SHGs.

about all the programs that have been approved by IIMK-Belgium for 2016-17 and thanked them for their continuous support to uplift our society. She also shared that the beneficiaries of the program should not take it lightly and they must realize the importance of this program.

Then, Mr. Gopal Dhakal, Multi Purpose Health Worker from Central Pendum PHSC, as a resource person highlighted the importance of immunization and urged the participants to follow the National Immunization Schedule properly and also shared that the facility for immunization is available at any government health centres for free of cost.

The participants were also informed about the advantages of ante natal care during pregnancy. One of the main advantages of ANC is the identification and timely management of complications, if any, arise during pregnancy. Beside this, routine checkups are done on pregnant women and Iron Folic supplements, Calcium supplements and TT injections are given to them. The importance of PNC is to identify post delivery complications of mothers and well being of newborns.

He further shared that they have recorded 100 % hospital delivery in the area since 2 years and urged the people to keep on continue the process. He also talked about the importance of Family Planning and further highlighted about Family Planning in true sense does not mean sterilization and it means that a couple should decide how many children they want to have.

Another resource person for the day was Ms. Radhika Sharma, Accredited Social Health Activist (ASHA) of Sajong ward. She also shared that the status of Mother and Child health has been improved in the village and she personally accompany the pregnant ladies to hospital for check-ups and delivery as her duty. This also has contributed for 100% hospital delivery.

B. Awareness Generation on Child Sex Ratio (CSR) & Declining Total Fertility Rate (TFR) at Sikkim:

One day program on "Awareness Generation on Child Sex Ratio and Declining Total Fertility Rate at Sikkim" have been organized for the SHG

involvement of these organizations is vital for the success of the project especially with regard to community mobilization part. Besides that, VHAS tried to build up their capacity by giving training on how to run an organization and also by involving them in the project so that after the withdrawal of the project they could sustain in their own and VHAS is also taking the initiative to bridge this gap between the government and the community with the help of community participation.

The main Target Group of the project is Self Help Groups as earlier.

Components of the project for 2016-17:

1. Reproductive & Child Health
2. Women Empowerment & Development
3. Capacity Building to Local Institutions
4. Household Sanitation
5. Support to SHGs
6. Follow up Meetings
7. Coordination Meeting with Government & other Stakeholders
8. Capacity Building

1. Reproductive and Child Health (RCH):

Under RCH, awareness generation program on various issues have been given to the members of SHGs of Sajong.

A. Training on Immunization / Ante Natal Care & Post Natal Care, Hospital Delivery & Family Planning:

One day training program on Immunization / ANC, PNC & Hospital Delivery has been conducted at Sajong Community Hall on 6th June 2016. The objective of the training was to re-orient the members of different SHGs of Sajong on need and importance of the subject. First of all, Mr. C.D. Rai, Field Facilitator placed welcome address to one and all. After that, Ms. Anjana Rai, Program coordinator from VHAS, shared with the participants

COMMUNITY HEALTH, WOMEN EMPOWERMENT & DEVELOPMENT (PAKA PROJECT)

Background of the Project:

VHAS has implemented the IIMK-Belgium supported project named as PARAS THEZUM in the seven villages of West Pendam Gram Panchayat Unit from 2001-2009 and the overall impact of the project seems successful. After the successful implementation of PARAS THEZUM project in these villages of West Pendam area, VHAS shifted the focus to other area having similar kind of geographical and socio-economic background.

The new area is Budhang- Kameranay Gram Panchayat Unit falls under Duga Block, where around six villages are covered during whole project period under community health and development project. For first year i.e. Financial Year 2010-2011, focus was on two villages Pachak and Kameranay as pilot project area and the name has been given as PAKA project.

The baseline survey with regard to the Reproductive & Child Health care, Self Help Groups, Sanitary facilities and Livelihood were done to assess the status of the villages which has helped in making the indicators accordingly and developing the proposal. While working on these two villages, program had been extended to Budang nearby Pachak and to Samkey nearby Kameranay with similar activities and goal.

Majority of the population of these villages are dependent on agriculture and seasonal labour for their livelihood. The project area is situated above Rangpo, the gateway of Sikkim and is about 65 kms away from Gangtok, the capital town of the state and is under East District and shares its border with Central Pendam area at one side and with Darjeeling district of West Bengal state at other side.

VHAS is working in coordination with local organizations. The name of the local organizations are Jan Sewa Samiti from Pachak, Jeewan Jyoti Samaj from Kameranay, Jan Chetna Pariwar from Sajong and Jan Uthan Samaj from Lower Pachak along with Sherpa Samiti from Upper Pachak. The

**ACTIVITIES/PROGRAMMES
CARRIED OUT IN THE
FINANCIAL YEAR 2016-17**



skills and attitudes affecting the work of the organization. No feedback will given or taken personally. There will be feedback both ways irrespective of senior or junior status. During feedback, strengths and areas which need improvement will be shared. Feedback should be constructive and include a possible solution. As far outside the organization is concerned, VHAS will always encourage communities, donors, government, NGOs etc. to provide constructive feedback on the functionality of the organization.

- ❑ **Feeling of “WE”:** All achievements belong to the organization and community, not to single individuals. Individuals will get credit of their hard work but other stakeholders will get credit for their recognition.
- ❑ **Result Oriented Functioning:** Organization is more concerned about “RESULTS” on ground. In all its discussion, sharing, project designing and getting funds, providing finance to other NGOs will be based on their result.
- ❑ **Accountability:** First of all organization (inter and intra division) but at the same as a civil society, will be accountable to other stakeholder such as communities, government, NGOs and will brief them about contribution of VHAS through informal discussion, media communication etc.
- ❑ **Shared Vision, Responsibility, and Better Coordination, Team Work:** Any work done by any other divisions will be the work of VHAS and will be responsible to each other. This will help us create ownership of work, with its successes and failures.
- ❑ **Openness:** VHAS will be open to accept practical ideas, thoughts, creative feedback, suggestions etc.
- ❑ **Proactive Engagement of Stakeholder:** Organization will create opportunities formally & informally for community and various stakeholders.
- ❑ **Mutual Growth and Development:** Constructive inputs/ suggestion to member organization for the mutual growth and development.

- ◆ VHAS will also facilitate consultation/workshops on emerging 'Development' issues to initiate dialogue among NGOs and other stakeholders.
- ◆ In case of customized input, VHAS may engage the institutional leader so as to ensure implementation of inputs.
- ◆ Follow up wherever possible.
- ◆ Mode of input would be training, workshops, exposure etc.
- ◆ Capacity buildings need analysis.
- ◆ Develop set of modules based on the clear analysis.

Approach & Methodology for Networking, Advocacy & Lobbying

- ◆ Engaging and influencing the policy makers.
- ◆ Sensitize service providers.
- ◆ Adopting various mechanisms of campaign/adopting various initiatives to push the agenda of development.
- ◆ Engaging various media to highlight the issues.
- ◆ Will create and lead network and also be part of other network.
- ◆ Study and disseminate the information/ issues.
- ◆ Using social accountability tool like RTI as required.
- ◆ Mobilizing communities around the issues of develop, empower CBOs etc.
- ◆ Engaging at various levels of local self-governance and influence them towards proper decision making.

Core Value & Culture of VHAS:-

- **Feedback within and Outside the Organization:** VHAS practices feedback as core value & culture which means anyone can give feedback to anyone. This feedback will be based on the knowledge,

ROLE

- **Implementation:** VHAS will continue the role of an IMPLEMENTING organization which is the strength/core competencies. VHAS will work through partners as well as directly with the communities.
- **Capacity building:** The presence of civil society is extremely weak in the state due to lack of capacity. VHAS will play a major role in building capacity of various stakeholders.
- **Networking, Advocacy and lobbying:** Organization will play proactive role in Advocacy and networking at all levels.

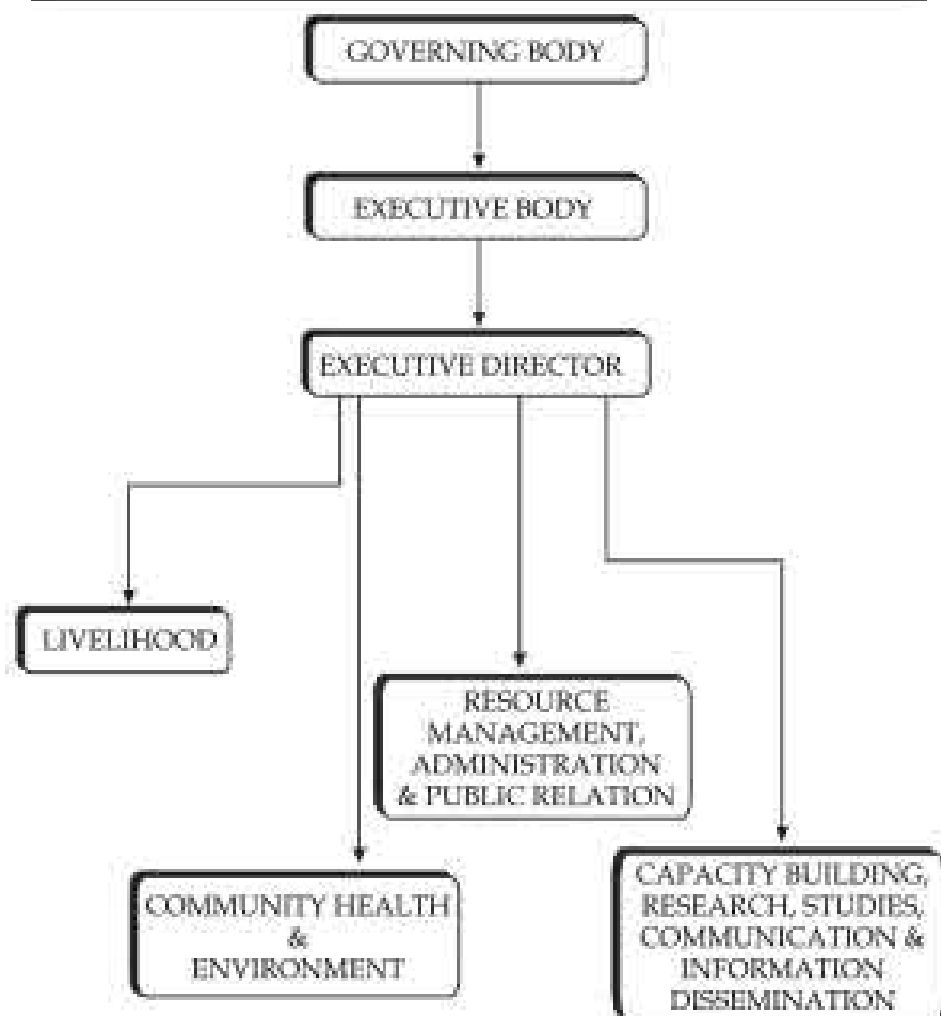
Approach & Methodology for Implementation

- ❖ Situational analysis.
- ❖ Generating awareness.
- ❖ Directly as well as through partner NGOs.
- ❖ Service delivery to some extent, need based as part of demonstration.
- ❖ Empower communities and work through community based organization, and
- ❖ Establish Linkages between communities and government or other agencies

Approach & Methodology for Capacity Building

- ◆ Customizing/ Tailor made inputs: The Organization will go for building the capacities of NGOs, CBO, PRI, Government and professional in customized manner.
- ◆ Announcement of training/ calendar.
- ◆ Model of capacity building will be large through project and in future will try to build as revenue generation.

ORGANIZATIONAL STRUCTURE OF VOLUNTARY HEALTH ASSOCIATION OF SIKKIM



STRATEGIES OF VHAS:

Vision: VHAS visualises a “healthy and just society, it implies sustainable development where people are physically, mentally, socially, economically developed and living in harmony with nature”.

Healthy and Just Society: Everyone gets their due with dignity without any discrimination on the basis of caste, creed and gender. The people can enjoy their rights and exercise their duties freely.

Sustainable Development: Communities have reached to the desired level of development and continue to achieve further.

Physically: People are free from all minor and major health illness.

Mentally: People are free from all minor and major mental illness.

Socially: People are socially organised, respecting & helping each other become free from all social evils.

Economically: People have better livelihood, economy etc.

Harmony with nature: People will achieve their development without disturbing nature.

MISSION:

VHAS is committed to empower under privileged communities through sensitization, building capacities, linkage, research, and advocacy & lobbying as well as strengthening civil societies on comprehensive community health development level.

- **Empower:** People are accessing their right control over their resources and actively participating in decision making process/ governance.
- **Under privilege communities:** It means women, mother, and member belongs to ST, SC, MBC & OBC etc.

IDENTITY OF VHAS:

- ❖ Voluntary Health Association of Sikkim is an NGO registered under SI.No.1083 Vol. No-1 in accordance with the notification No.2602 A/H dated 25/03/1960 under Government of Sikkim.
- ❖ Federal Member of VHA
- ❖ Capacity Building Institute
- ❖ State Level NGO.
- ❖ VHAS has been identified as Social Audit Unit (SAU), Sikkim by RM&DD, Govt. of Sikkim

decentralized manner. Programs and performances are monitored at regular intervals by field visits and staff meetings.

In the Ministry of Health & NGO under RCH program since 2001, VHAS has been included as one of the members in various Societies of Sikkim Government. On *02nd February 2010*, VHAS became the recipient of *National Award "Rozgar Jagrookta Puraskar"* from the Ministry of Rural Development, Government of India. The recognition has given enormous strength as an institution recognized as of State importance.

On *2nd February 2015*, Rural Management Development Department (RM&DD), MGNREGA State Team of Sikkim became the recipient of *National Award on Transparency and Accountability* under MGNREGA. The same award was felicitated to Social Audit Unit on *24th February 2015* by RM&DD Government of Sikkim.

INTRODUCTION

Voluntary Health Association of Sikkim was established on 22nd July 1997 and registered under vide sL no 1083 Vol-I dated 24/05/1999 with the Land Revenue Department, Government of Sikkim in accordance with notification No. 2602/A/H dated 25/03/1960. The organization was established with the basic philosophy and mission to promote the sustainable community health and development in the State of Sikkim. It is a State level, not for profit, registered and Non-Governmental organisation working with the concept of integrated community health development and action research. It is registered under the Foreign Contribution (Regulation) Act, 1976. VHAS is exempted under Income Tax Sections 12AA of the Income Tax Act 1961 vide F.No12AA/CIT/SLG/Tech/2010-11/3938-40 dated 31/01/2011 and under U/S 80G (5) (vi.) of the Income Tax Act 1961 vide F. No CIT/SLG/Tech/80G/12-13/2806 dated 06/09/2012.

VHAS has a secular constitution with the aim of improving the health of everyone; the organization provides dignified service without any discrimination on the basis of caste, creed and gender. The institute believes in sustainable development where community reaches their desired level of development and then continues to archive further. The organization endeavours to sensitize the general public towards cost effective, preventive care and the promotion of a sustainable health care system through readily available local available resources and a scientific approach to health and community development without ignoring Sikkim's natural traditions and culture.

A democratically elected Executive Board Members as per the constitution consists of seven eminent people who govern VHAS by following a well-developed system of organization. The Executive Director is supported by competent core staff as well as other field level project staff. People selected for jobs are strengthened further with proper orientation and refresher training courses as are required. Responsibilities are shared in a

I also would like to thanks to the West Bengal Voluntary Health Association (WBVHA), Kolkata for the project title 'Basic Health Care and Support Program' to continue this project in the state of Sikkim for many years. We look forwards to continuing this wonderful relationship in future too.

I would like to extend my sincere thanks to the Sikkim State AIDS Control Society (SSACS) for their valuable contribution in the field of Targeted Intervention Project on HIV-AIDS/STDs. Special thanks to the Human Resource Development Department (HRDD) and the Health Care, Human Services & Family Welfare Development, Government of Sikkim for their kind cooperation and support.

I express my sincere thanks to the JICA assisted State Biodiversity Conservation and Forest Management Project (SBFP), Department of Forest, Environment & Wildlife Management, Government of Sikkim for selecting us a Facilitating NGO for East District in the project.

I further would like to extend my specials thanks to the Glenmark Foundation Pharmacy Company Pvt. Ltd. for giving us an opportunity to work with them and supported with a project on Providing Quality Primary Health facilities and awareness among the communities through mobile health clinic in 6 villages in East Sikkim for 3 years.

Though the challenges to achieve the desire outcomes were enormous because of many reasons in remote rural hamlets, but we could overcome most of them due to dedicated members of our team. There are numerous achievements and failures which I recognized as learning being with me in a social sector. The annual report is not to glorify our works but to share lessons learnt in the last years. Annual report is the transparent record of our being with the organization and concerted possible efforts made by the team with the mission and vision of making a difference in the field of community health and development ultimately benefitting the society.

We are highly grateful to the Executive Board Members, Member Organizations, NGOs/CBOs, individual, stakeholders of Programs, Colleagues, friends and relatives for their kind cooperation, consistent greatest support, their dedication and selfless efforts.

I further look forward for their selfless consistent support and guidance in the near future.



Dr. B. B. Rai
Executive Director
VHAS Gangtok

From the Desk of **EXECUTIVE DIRECTOR**



*A*n annual report gives information about the organization's activities and financial performances and I am very happy to display the Annual Report for 2016-17, which highlights VHAS achievements and its continuous effort to bring about a desired change in the little that we do. The report reflects upon what has been achieved and how our organization has contributed to the growth and development of society during the last financial year. Additionally it measures the organization's yearly outputs. As the years pass, VHAS family grows and so do our responsibilities. VHAS continues to expand year by year with respect to its social responsibilities. We have widened our base to organize the health and development needs of the Sikkim's people through its status as a non-governmental organization. VHAS marches forward with confidence and dedication in every effort and challenge. Before I go any further, I must thank our supporters. Without their consistent encouragement, it would not have been possible to achieve so much.

First, I would like to express my heartfelt gratitude to DMK Belgium for supporting the PARAS THEEZIM in the East district of Sikkim. The project has been introduced in the new areas of Pachak, Kimeray, Buthing and Namkey village hamlets. We appreciate that the efforts put forth by the VHAS are able to give our partners confidence in our abilities.

Special thanks are extended to the Rural Management & Development Department (RM&DD), Government of Sikkim for giving us an opportunity of taking on the responsibility of Social Audit Unit (SAU) in the State of Sikkim.

I also would like to express my gratitude to the Social Justice, Empowerment and Welfare Department, Government of Sikkim (GS), for giving us an opportunity of taking on the responsibility of Pilot Social audit facilitation in Central Pundam GPU and Rangpo Nagar Panchayat.

I express my heartfelt gratitude to the Voluntary Health Association of India (VHAI), for their consistent support and guidance rendered to us. I extend my sincere gratitude to Mr. Alok Mukhopadhyay, Chief Executive of VHAI, New Delhi and his team for their kind support, guidance and encouragement.

We further extend sincere gratitude to IMK- Belgium for their continued support of the PARASTHEEZUM project for many years.

We are very thankful to Mr. Alok Mukhopadhyay, Chief Executive of VHAI, and New Delhi for his dedicated and efficient team at VHAI and for their constant support, guidance and encouragement to VHAS. We look forward to continuing this wonderful relationship in future.

I am extremely grateful to the Executive Board members for their valuable contributions and steady cooperation. Lastly, I offer lots of thanks and appreciation to our co-operative, highly energetic and supportive Team at VHAS. It would not have been possible to carry out the VHAS activities without their constant positive commitment, sincerity and dedication.

VHAS would like to acknowledge the contributions made by individuals, the Government, funding agencies, and other member organizations that help work towards achieving the vision and mission of the organization. I do hope and pray that with everyone's continued sincere effort, the coming year will be even more productive and successful than this past year.



Dr. H. Lepcha
President
VHAS, Gangtok





PREFACE

I gives me a great honour and pride to publish the consolidated report of the activities undertaken and the sincere efforts made by our VHAS team in the year 2016-2017. We take pride in the many achievements and milestones that the Voluntary Health Association of Sikkim has fulfilled this year on many different fronts. These accomplishments have been made possible by the sincere dedication of our Staff and Board Members. Everyone deserves congratulations and appreciation for their dedication and efforts.

During the year our relationship with the State and Union Government of India remained very cordial as usual. However, the Voluntary Health Association of Sikkim had a limited number of programs with them. Our endeavours particularly with the department of Health Care, Human Service & Family Welfare and Department of Social Justice, Empowerment & Welfare kept our relations very friendly and productive. We have been able to mobilize support from the National and International funding agencies for the enhancement of the underserved people of far reaching areas. On behalf of the VHAS, I extend sincere gratitude to everyone for their encouragement, support and kind cooperation.

Our relationship with the RM&DD, Government of Sikkim continues to strengthen us in many ways. Together, we conducted the Social Audit for MCNREGA in whole 176 Gram Panchayats successfully this financial year. On behalf of VHAS, I would like to thank the department for giving us the responsibility of managing the Social Audit. Due to our accomplishments, VHAS has been identified as the Social Audit Unit (SAU)-Sikkim of the State.

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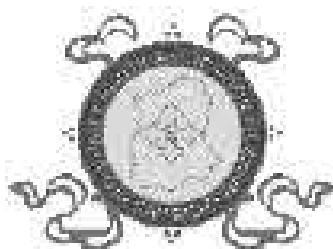
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VOLUNTARY HEALTH ASSOCIATION OF SIKKIM

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EXECUTIVE BOARD MEMBERS OF VHAS



Dr. (Ms.) H. Lepcha
President



Prof. J.P. Tamang
Vice- President



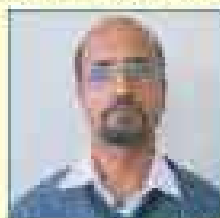
Dr. B. B. Rai
Secretary-cum-Executive Director



Dr. (Ms.) Bela Cintury
Treasurer



Shri. T. D. Bhutia
Joint Secretary



Shri. Ganesh Prasad Sharma
Executive Member

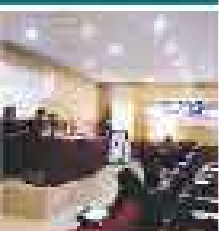


Ms. Jay Jay Lepcha
Executive Member



Mr. Paul Rai
Co-opted Board Member

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VOLUNTARY HEALTH ASSOCIATION OF SIKKIM

TADONG, GANGTOK, EAST SIKKIM, PIN : 737102